



HealthCare

Women's Health
Obstetrics & Gynecology

YOUNG PARENTS PROGRAM

Young pregnant women need care from experts who understand the many areas of life pregnancy effects. Receiving comprehensive services in an atmosphere of support is the best way to ensure a healthy pregnancy and future for mom and baby.



WENDY JACKSON, MD

YPP Provider and Resident Supervisor specializing in pediatric and adolescent gynecology.



WHY CHOOSE THE YOUNG PARENTS PROGRAM?

- YPP provides comprehensive prenatal care services for pregnant adolescents up to age 21.
- YPP has a long-standing record of excellent birth outcomes with fewer preterm deliveries for the at-risk adolescent population.
- We encourage planning for the future, including continuing education, life mentorship, and birth control counseling.
- Patients receive nutritional counseling from a registered dietitian and prenatal education from a certified childbirth educator at each prenatal visit.
- Prenatal classes including childbirth, infant care, safety, CPR and breastfeeding are free to YPP patients.



WOMEN'S HEALTH OBSTETRICS & GYNECOLOGY

**125 E. MAXWELL, STE 140
LEXINGTON, KY 40508**

Call 859-323-0005 and request an appointment in the Young Parents Program.

Young women and their babies can be followed in the Adolescent Medicine Clinic after delivery. They can be reached at 859-323-5643.

We are a Baby Friendly® Hospital.



Baby-Friendly USA