

**Endocrinology new patient appointment – Not diabetes**

Welcome to the clinics of the Division of Pediatric Endocrinology at the University of Kentucky. Please help us to get to know you better by completing this form. If you are uncertain about any answer, please leave it blank and we will discuss it later. ***Please bring this paperwork with you to your first appointment.***

**Child's Full Name:** \_\_\_\_\_

Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Sex  Male  Female

Name and address of the provider who referred your child to our clinic:

\_\_\_\_\_

Primary Care Provider (if different than above): \_\_\_\_\_

Name and address of other providers who can provide important medical information about your child, including past height and weight measurements:

\_\_\_\_\_

**Reason for referral to Endocrinology Clinic:** \_\_\_\_\_

When did you first become aware of the problem? \_\_\_\_\_

Has there been any change in the nature/severity of the condition since you initially noticed?

None  Increased  Decreased  Other \_\_\_\_\_

Are there any other blood-relatives with a similar complaint, past or present?  Yes  No

If yes, please list whom, relation, and when: \_\_\_\_\_

\_\_\_\_\_

**MEDICAL HISTORY**

**Allergies** (please list all food, drug or environmental allergies): \_\_\_\_\_

\_\_\_\_\_

Has your child had:  Asthma  Diabetes  Chicken pox  Head injury  Seizures

Has your child been hospitalized before?  Yes  No

If yes, please provide date, hospital, and reason: \_\_\_\_\_

\_\_\_\_\_

Has your child ever had surgery?  Yes  No

If yes, please provide date, hospital, and reason: \_\_\_\_\_

\_\_\_\_\_

Has your child had any additional medical problems in the past?  Yes  No

If yes, please explain \_\_\_\_\_

\_\_\_\_\_

Are your child's immunizations up to date?  Yes  No  Not sure

**CURRENT MEDICATIONS**

Drug: \_\_\_\_\_ Dose: \_\_\_\_\_ Ordered by: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Has your child taken medicine in the past for more than three weeks? Please list those medicines and the reason why they were prescribed.

\_\_\_\_\_

\_\_\_\_\_

### **BIRTH HISTORY**

Was your child born  At due time  Early  Late

Gestational age if early or late: \_\_\_\_\_

Method of delivery:  Vaginal  Induced  Forceps  Other: \_\_\_\_\_  
 C-section (reason): \_\_\_\_\_

Birth weight: \_\_\_\_\_ Birth length: \_\_\_\_\_

Were there any problems during pregnancy, labor, or delivery?  Yes  No

If yes, please describe. \_\_\_\_\_

\_\_\_\_\_

Did the baby stay in the hospital for a health problem after birth? \_\_\_\_\_

Please check any of the following that applied during pregnancy with this child:

High blood pressure  Use of alcohol  Use of illegal drugs

Smoking  Use of medications  High blood sugar

Other: \_\_\_\_\_

### **NUTRITION HISTORY**

The child was:  Breast fed  Formula fed  Both  For how long? \_\_\_\_\_

Did your child have any difficulties with feeding or growing during the first few months of age?

\_\_\_\_\_

### **SOCIAL & DEVELOPMENTAL HISTORY**

Preschoolers: Did your child meet average milestones? (walking, talking, sitting-up, etc.)

Yes  No

School age: What grade is your child in? \_\_\_\_\_

Name of school? \_\_\_\_\_ County? \_\_\_\_\_

How is your child's school performance? \_\_\_\_\_

Are there any special concerns or problems you have related to school? \_\_\_\_\_

\_\_\_\_\_

### **PUBERTAL DEVELOPMENT**

When did your child first have signs of puberty? \_\_\_\_\_

\_\_\_\_\_

Please describe what signs: \_\_\_\_\_

\_\_\_\_\_

*For females:* What age did your child start her period? \_\_\_\_\_  Not applicable

(A) What is the duration of her period? \_\_\_\_\_ days, and how far apart are the cycles? \_\_\_\_\_

(B) When was her last menstrual cycle? \_\_\_\_\_

(C) List any problems associated with periods: \_\_\_\_\_

## FAMILY HISTORY

Please provide the following information about your *child's immediate family members*:

Family Member:	Age	Height	Weight	Age when started puberty	Significant health problems
Brothers:					
Sisters:					
Mother:					
Mother's mother:					
Mother's father:					
Father:					
Father's mother:					
Father's father:					

Do any members of your family have the following medical conditions (including grandparents, aunts, and uncles?)

Diabetes                     No     Yes (List relation) \_\_\_\_\_

Thyroid disease         No     Yes (List relation) \_\_\_\_\_

Growth problems       No     Yes (List relation) \_\_\_\_\_

Please list any medical conditions that tend to run in your family: \_\_\_\_\_

\_\_\_\_\_

Are there any other problems related to hormones in your family (calcium problems, parathyroid problems, kidney stones, etc.)? If so, please list: \_\_\_\_\_

\_\_\_\_\_

## SYMPTOM CHECKLIST

On the next page is a checklist of a variety of medical symptoms. Please complete this checklist by identifying any current symptoms which you feel are significant.

*Thank you for taking the time to complete this information. Please remind your pediatrician or family physician to send a copy of your child's medical records and previous growth charts to our office. If you have any home records of your child's growth (for example, baby books, school reports, home measurements), these can also be very helpful in evaluating growth-related medical problems. Feel free to bring this information with you to your appointment.*

**PEDIATRIC ENDOCRINOLOGY  
SYMPTOM CHECKLIST**

The purpose of this checklist is to help identify important symptoms that relate to your child's overall health and well-being. In our clinic, we will address those issues which impact your child's growth, pubertal development and/or endocrine system.

**DOES YOUR CHILD CURRENTLY HAVE ANY OF THE FOLLOWING PROBLEMS?**

	YES	NO	COMMENT
Visual trouble or eye problems			
Ear problems or hearing difficulty			
Frequent headaches			
Frequent dizziness or loss of balance			
Weakness			
Increasing fatigue			
Shortness of breath			
Fast heart rate			
Frequent stomach aches			
Frequent vomiting			
Frequent diarrhea			
Frequent constipation			
Blood in urine or stools			
Change in appetite			
Excessive thirstiness			
Excessive or increasingly frequent urination			
Frequent urination at night			
Bedwetting			
Urinary tract infection			
Early/late development of puberty			
Irregular periods			
Vaginal discharge			
Muscle or joint pain			
Skin rash, itching or bruising			
History of broken bones			
Allergy to a medication or food			
Change in school performance – better/worse			
Change in mood or behavior			
Change in sleep pattern			
Recent stress or pressures at home or school			

When was your child last seen by his or her pediatrician or family doctor for a well-child visit?

\_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Provider signature: \_\_\_\_\_ Date: \_\_\_\_\_