

## WHAT MEDICAL CARE IS PROVIDED?

- We work along with your primary care physician to make sure your baby gets the best possible care.
- We manage the use of home oxygen and apnea monitor equipment.
- We manage any drug taper.
- We have a dietitian to assess growth and progression of feeding and nutrition.

## HOW OFTEN WILL MY CHILD SEE THE NICU GRADUATE CLINIC TEAM?

NICU Graduate Clinic appointments and frequency will vary depending upon your child's individual needs, but we will see most children to assess motor, language and cognitive skills at the following routine visits:

- 1 month medical follow-up after NICU/ hospital discharge.
- 3-month Test of Infant Motor Performance (TIMP).
- 6-month Bayley Scales of Infant and Toddler Development® III assessment.
- 12-month Bayley Scales of Infant and Toddler Development® III assessment.
- 24-month Bayley Scales of Infant and Toddler Development® III assessment.
- 36-month Bayley Scales of Infant and Toddler Development® III assessment.

## NICU GRADUATE CLINIC

UK Family Care Center

1135 Red Mile Place

Lexington KY 40504

Phone: 859-323-6469

Fax: 859-323-2299



7-7301



# NICU GRADUATE CLINIC





## OUR MISSION:

To prepare children to reach their highest potential for success at home, at school and in the community.



## WHAT IS THE NICU GRADUATE CLINIC?

- We provide specialized medical and developmental care for babies and children up to about 3 years of age.
- Our team includes doctors and therapists with extensive experience caring for babies and children who have a history of complex medical needs.

## WHY WAS MY BABY REFERRED HERE?

Babies need specialized care for many different reasons. Physicians often refer to our clinic when a baby has a history of medical problems known to contribute to developmental delay. Some of these conditions include:

- Prematurity (birth prior to 32-week gestation).
- Low birthweight.
- Feeding and growth issues.
- Brain bleeds, seizures or other neurological diagnoses.

- Need for oxygen, apnea monitor or other specialized breathing equipment.
- Infant drug exposure and/or withdrawal.
- History of ECMO.

## WHAT SPECIALIZED DEVELOPMENTAL CARE IS PROVIDED?

- We provide formal standardized testing that starts at 3 months adjusted age.
- Our team includes a physical therapist, an occupational therapist and a speech language pathologist available to recommend home exercises specific to your child's development.
- If your child is in need of specialized developmental services, we help arrange those services near your home.
- We are an evaluation center for the First Steps Early Intervention Program.