KEEPING COVID-19 OUT OF YOUR HOME

BEFORE WORK
• Keep nails short and hair up.
• Don’t wear jewelry or watches.
• Men should keep a clean-shaven face so personal protective equipment is effective.
• Bring a change of clothes and shoes to wear after your shift in a washable bag or pillowcase.
• Avoid using plastic bags.
• Avoid carrying extra accessories (bags, coats).
• Set up Apple Pay, etc. so no cash or credit cards are needed.
• Bring food in disposable containers.

AT WORK
• Wear scrubs and a pair of shoes reserved solely for work.
• Sanitize hands, phone, ID, glasses, earbuds, keys, etc.
• Clean your work surfaces multiple times a day.
• Wash your hands frequently for 20-30 seconds, making sure to get under your nails. Don’t touch the bathroom doorknob on the way out.
• Do not touch your face, unless you have washed or sanitized your hands first.
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• Don appropriate personal protective equipment as directed.
• If your scrubs are contaminated, consider showering in the graduate medical education shower room and change into an extra pair.
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• At the end of your shift, consider using the graduate medical education workroom shower if you can’t shower immediately when you arrive home.
• Place all your work items in a washable bag and change into your clean clothes and shoes to go home.

AFTER WORK
• When you get home, leave your work bag in the car or outside.
• Take your shoes off and take your work shoes out of the bag. Disinfect both pairs and leave them outside.
• Remove all clothing and put clothes and washable bag directly into the washing machine. Wash on high heat.
• Shower and wash your hair daily. If possible, have a dedicated bathroom for your use only. Otherwise, clean every time you enter and exit the bathroom.
• Wipe your phone down with an alcohol-based cleanser or a UV-light cleaner.
• Wipe down all surfaces in your car. If able, have one vehicle for your work use only and a different vehicle for your significant other/children.
• Wipe all doorknobs and any surfaces you touched upon entering the house.
• Regularly disinfect frequently used surfaces in your home.

COVID-19 EDUCATION FOR STUDENTS/FACULTY

COVID-19 SCREENING
1. Prior to coming to your clinical experiences, open https://aap.mc.uky.edu/c19s or use this QR code.
2. Select the login for the student COVID-19 screening survey (in blue).
3. Enter the required information.
4. Save the screen and keep it visible (four hours prior to entry into the building).
5. Enter the hospital through the guest entrance to obtain a mask.

If you are sick or have been in the last 24 hours please DO NOT COME to clinicals and alert your clinical faculty.

MASKS MUST BE WORN BY EVERYONE
UK HealthCare’s universal masking policy requires all personnel (clinical or otherwise) to wear some type of face mask when working in the medical facilities, which reduces the risk of transmission. This mask guideline helps protect our staff and patients. You will be provided with a personal standard mask upon arrival at work. Place this over your nose and mouth and leave it in place (cannot drop below nose or chin).

Where to pick up a universal mask
Public entrances with masks include the concourse bridge to Pavilion A, ground floor atrium lobby, lobby entrance at Pavilion H, north lobby at Pavilion H, second floor entrance to Pavilion H from the pedestrian bridge to Kentucky Clinic, and the ground floor lobby at Good Samaritan Hospital. Note: cloth masks are not allowed in clinical settings.

DROPLET/CONTACT/EYE PROTECTION PRECAUTIONS
• Private room, keep door closed
• Standard mask to enter room
• Ask patient to wear mask when health care workers in room
• Gown to enter room
• Gloves to enter room
• Goggles or face shield to enter room
• Wash hands upon entering and leaving room
• Limit patient movement outside room
• Patient wears a standard mask when leaving room
• Patient wears a standard mask when leaving room
• Limit visitors to one. The visitor should remain in the room and wear a standard mask. If the visitor must leave the room, they must wear a mask at all times.

UK HEALTHCARE COVID-19 INFORMATIONAL SITE FOR STAFF
Get up-to-date information 24 hours a day, seven days a week at the COVID-19 informational website created specifically for UK HealthCare providers and staff. Visit https://covid-19.ukhc.org.