

## Workplace Injury/ Exposure Instructions for:

### **Employees paid by the University of Kentucky and Eastern State Hospital Employees**

Below are the steps to follow if you have had an exposure or injury at work that does **NOT** include an exposure to a fluid that can transmit HIV, HCV, or HBV. If you were exposed to a fluid with obvious, visible blood, please follow the instructions in the **red** packet.

This yellow packet applies to infection/exposures to all bacteria, fungi, and other viruses outside of HIV, HCV, and HBV pathogens.

If you were bitten by another person, whose mouth was NOT actively bleeding before and at the time they bit you; you are not at risk for HIV, HBV, or HCV. Rinse area to prevent infection from bacteria and continue to follow yellow packet instructions below.

### Step 1

First Aid: Rinse the area with clean water for 15 minutes if exposed to a chemical or body fluid without visible blood (such as feces, vomit, nasal secretions, sputum, mucus, respiratory secretions, tears, blisters, acne, urine, sweat, or saliva) that does not pose a risk for HIV, HCV, or HBV. Do not squeeze or “milk” a wound.

For a sprain or strain: ice, elevation, compression.

### Step 2

If you need **immediate care** due to severe pain, burning, loss of vision, respiratory distress, difficulty walking, or unstoppable bleeding; please **go to the emergency department** and let them know you were injured at work. Call CorVel to obtain a claim number as soon as you are able at [1-800-440-6285](tel:1-800-440-6285).

Call the **CorVel Workers' Compensation Insurance Company** at [1-800-440-6285](tel:1-800-440-6285). CorVel is a National Workers' Compensation Insurance Company, they receive calls from injured workers from across the country and wait times may vary and can be long. Thank you for your time and patience.

### Step 3

When you have a valid claim number (The first 4 numbers to a VALID CorVel claim number are “0688”), please call the appointment line at [859-323-2778](tel:859-323-2778) to schedule a “New Injury” appointment in the UHS Workers' Compensation clinic. You **must** have a valid claim number to ensure you will not be personally billed for the treatment of your workplace injury or exposure.

*If your injury involves an exposure to a chemical or gas, please contact the UHS exposure nurse to schedule an appointment at [859-323-7479](tel:859-323-7479). A Safety Data Sheet (SDS) will need to be obtained and reviewed by the Workers' Compensation physician ahead of your scheduled appointment.*

### Step 4

Know that you may file a claim for any injury or illness that you believe was related to your workplace at any time after the event (if applicable).