

Do you have the correct packet?

This is the Yellow Packet:

For whom? Employees paid by University of Kentucky and Eastern State Hospital Employees

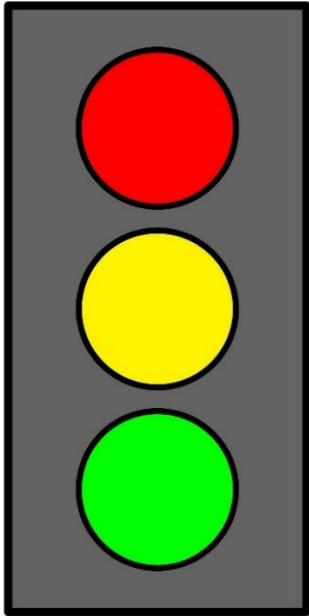
What happened? Exposure to Urine, Feces, Saliva, Mucous, Sputum, Sweat, Tears, Respiratory Secretions, or Vomit **without** clearly visible blood, or human bite(s), or scratch(es). This includes blood on intact (normal, unharmed) skin. All other exposures that do not pose risk for HIV, HCV, and HBV. Additionally, this packet is for muscle strains or other workplace injury/exposure.

For injuries/exposures during business hours: Call CorVel [1-800-440-6285](tel:1-800-440-6285) to begin your claim.

After hours: Call CorVel [1-800-440-6285](tel:1-800-440-6285) to begin your claim. **Do not use the UK MD's paging system.** CorVel will assist with scheduling your appointment with Employee Health. Depending on the severity, CorVel may recommend an E.R. or Urgent Care appointment prior to your appointment with Employee Health.

For serious injuries that need attention now i.e. cannot walk/limping: go to the ER.

*Appointments are required at UHS Employee Health. We cannot take walk-ins.



Red packet:

For whom? Employees paid by University of Kentucky, Eastern State Hospital Employees, and Health Science Students

What happened? Blood exposure to pierced/damaged/broken skin or mucous membranes (inside eye, nose, or mouth) **OR** exposure to Cerebral Spinal Fluid, Peritoneal Fluid, Synovial Fluid, Human Tissue, Pericardial Fluid, Pleural Fluid, Amniotic Fluid, Semen, Vaginal Secretions, or any bloody material.

Step 1: For exposures during business hours (7:30 AM-4:30 PM Monday-Friday):

call [859-218-3253](tel:859-218-3253) to speak with an exposure nurse

For exposures after hours (4:30 PM-7:30 AM or all day on weekends/holidays):

call [859-257-5522](tel:859-257-5522) to page UK MD's

Step 2 (only for UK Employees): Call CorVel [1-800-440-6285](tel:1-800-440-6285) to begin your claim

Health Science students should not call CorVel and only complete step 1

Green Packet:

For whom? EMT's, contractors or other personnel who are not directly paid by University of Kentucky. (Example: travelers, police, fire department, etc.)

What happened? Blood exposure to pierced/damaged/broken skin or to mucous membranes (inside eye, nose, or mouth) **OR** exposure to Cerebral Spinal Fluid, Peritoneal Fluid, Synovial Fluid, Human Tissue, Pericardial Fluid, Pleural Fluid, Amniotic Fluid, Semen, Vaginal Secretions, or any bloody material.

For exposures during business hours (Monday-Friday 8:00 AM-5:00 PM):

Call Infection Prevention and Control (IPAC) at [859-323-6337](tel:859-323-6337)

For exposures after hours: Call UK MD paging at [859-257-5522](tel:859-257-5522) - specifically request "IPAC on-call provider". Do **NOT** have UHS paged. **UHS/Employee Health cannot see contracted employees.**

For Yellow Packet ONLY - did you remember to . . .

- Report to supervisor, create incident report <http://www.hosp.uky.edu/Careweb>
- Call CorVel Workers Compensation [1-800-440-6285](tel:1-800-440-6285) and follow instructions. Make sure to speak with a CorVel nurse and obtain a claim number. A claim number is required for billing, to ensure you do not receive a bill for your visit/service(s).

Workplace Injury/ Exposure Instructions for:

Employees paid by the University of Kentucky and Eastern State Hospital Employees

Below are the steps to follow if you have had an exposure or injury at work that does **NOT** include an exposure to a fluid that can transmit HIV, HCV, or HBV. If you were exposed to a fluid with obvious, visible blood, please follow the instructions in the **red** packet.

This yellow packet applies to infection/exposures to all bacteria, fungi, and other viruses outside of HIV, HCV, and HBV pathogens.

If you were bitten by another person, whose mouth was NOT actively bleeding before and at the time they bit you; you are not at risk for HIV, HBV, or HCV. Rinse area to prevent infection from bacteria and continue to follow yellow packet instructions below.

Step 1

First Aid: Rinse the area with clean water for 15 minutes if exposed to a chemical or body fluid without visible blood (such as feces, vomit, nasal secretions, sputum, mucus, respiratory secretions, tears, blisters, acne, urine, sweat, or saliva) that does not pose a risk for HIV, HCV, or HBV. Do not squeeze or “milk” a wound.

For a sprain or strain: ice, elevation, compression.

Follow step 2 if notified that you were exposed to a patient positive for infections such as Meningitis, Pertussis, or Tuberculosis.

Step 2

If you need **immediate care** due to severe pain, burning, loss of vision, respiratory distress, difficulty walking, or unstoppable bleeding; please **go to the emergency department** and let them know you were injured at work. Call CorVel to obtain a claim number as soon as you are able at [1-800-440-6285](tel:1-800-440-6285).

Call the **CorVel Workers' Compensation Insurance Company** at [1-800-440-6285](tel:1-800-440-6285). CorVel is a National Workers' Compensation Insurance Company, they receive calls from injured workers from across the country and wait times may vary and can be long. Thank you for your time and patience.

Step 3

When you have a valid claim number (The first 4 numbers to a VALID CorVel claim number are “0688”), please call the appointment line at [859-323-2778](tel:859-323-2778) to schedule a “New Injury” appointment in the UHS Workers' Compensation clinic. You **must** have a valid claim number to ensure you will not be personally billed for the treatment of your workplace injury or exposure.

If your injury involves an exposure to a chemical or gas, please contact the UHS exposure nurse to schedule an appointment at [859-323-7479](tel:859-323-7479). A Safety Data Sheet (SDS) will need to be obtained and reviewed by the Workers' Compensation physician ahead of your scheduled appointment.

Step 4

Know that you may file a claim for any injury or illness that you believe was related to your workplace at any time after the event (if applicable).