



# **KENTUCKY CHILDREN'S HOSPITAL**

## **ANNUAL REPORT**

Calendar Year 2023

## OUR MISSION

UK HealthCare is committed to the pillars of academic health care—research, education and clinical care. Dedicated to the health of the people of Kentucky, we will provide the most advanced patient care and serve as an information resource. We will strengthen local health care and improve the delivery system by partnering with community hospitals and physicians. We will support the organization's education and research needs by offering cutting-edge services on par with the nation's best providers.

### Kentucky Children's Hospital Philanthropy Council

|                |                 |                    |
|----------------|-----------------|--------------------|
| Diane Avare    | Connie Jones    | Jim Richardson     |
| Quin Broadbent | Marci Kloiber   | Cathy Rupp         |
| Jamie Campbell | Susie Merida    | Donna Shively      |
| Ralph Coldiron | Audrey Moeglin  | Melanie Simpson    |
| John Davis     | Troy Mulligan   | Laurie Stollenwerk |
| Brenda Dean    | Jennifer Mynear | Jane Warner        |
| Shane Foley    | Rob Perez       | Bruce Whittaker    |
| Kelly Healy    | Michael Price   | Preston Worley     |
| Robin Jennings |                 |                    |

### Circle of Blue Members

|                    |                      |                       |
|--------------------|----------------------|-----------------------|
| Emmy Agosto        | Margaret Gustafson   | Jill Rose             |
| Anne Arvin         | Andrea Hager         | Kim Rosenstein        |
| Diane Avare        | Shellie Haley        | Cathy Rupp            |
| Lisa Ball          | Mary Hartley         | Melanie Simpson       |
| Dr. Lacey Buckler  | Sarah Heck           | Stacey Slone          |
| Stephanie Campbell | Christy Hiler        | Ann Smith             |
| Dana Cochran       | Kelly Holland        | Dr. Carol Steltenkamp |
| Ashley Coen        | Linda Hostetter      | Laurie Stollenwerk    |
| Kaitlyn Colvin     | Dr. Kathy Isaacs     | Sue Strup             |
| Ellen Cornett      | Dr. Lee Ann Jung     | Dr. Colleen Swartz    |
| Linda Crush        | Marci Kloiber        | Dr. Tukea Talbert     |
| Darcie Cunningham  | Angela Lang          | Jill Travis           |
| Tracy Dawahare     | Dottie Maloney       | Ann Vezina            |
| Dr. Kristi Day     | Dr. Gwen Moreland    | Jane Warner           |
| Brenda Dean        | Heidi Newman         | Langdon Worley        |
| Melissa Dean       | Susan Nicholson      | Alyssa Yozwiak        |
| Morgan Dezarn      | Julie Perry          | Bobbie Yozwiak        |
| Laura Eaves        | Dr. Julia Pezzi      |                       |
| Suzanne Elliott    | Dr. Anne Pittman     | <i>In memoriam:</i>   |
| Emily England      | Dr. Lindsay Ragsdale | Harriet Bradley       |
| Shannon Grace      | Stacey Richardson    | Mechealle Hanks       |
| Dr. Donna Grigsby  | Jennifer Rose        | Judith Taylor         |



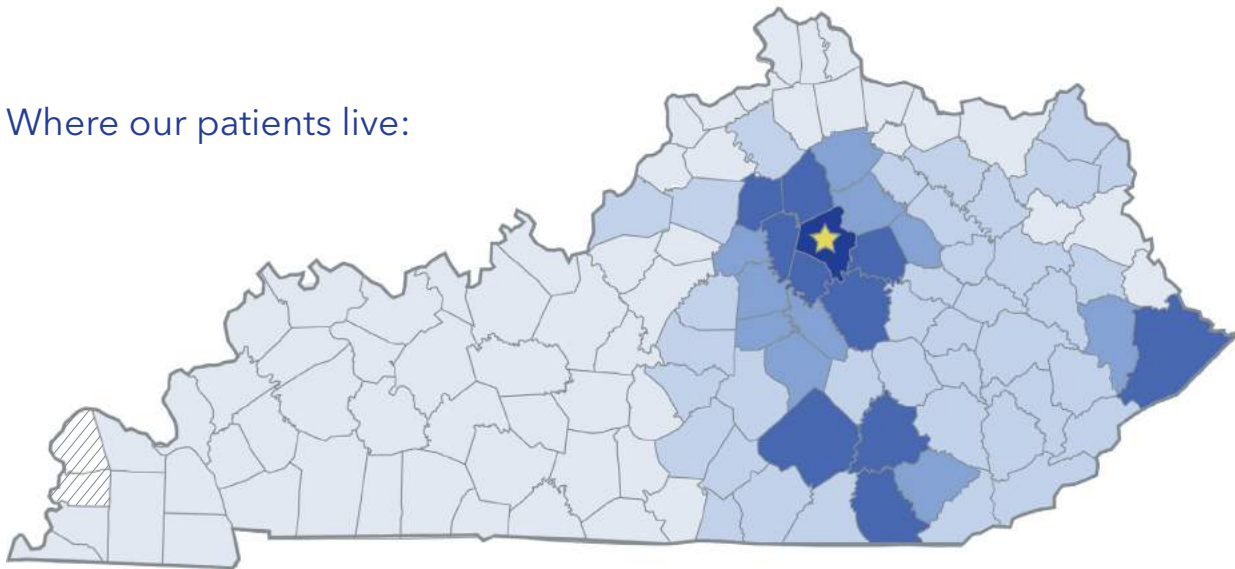
In 2023, **65,165** patients were served in our specialties and clinics:

**7,442**  
**INPATIENT**  
**VISITS**

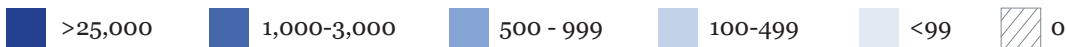
**35,607**  
**EMERGENCY**  
**DEPARTMENT**  
**VISITS**

**176,303**  
**OUTPATIENT**  
**VISITS**

Where our patients live:



Number of patients served by county in 2023



## 2023 U.S. News and World Report Rankings



**NATIONALLY RANKED**  
in 3 Children's Specialties

**PEDIATRIC CARDIOLOGY & HEART SURGERY**  
#7 in the nation

**PEDIATRIC ORTHOPEDICS**  
#42 in the nation



**REGIONALLY RANKED**  
#2 in Kentucky  
#16 in Midwest

**PEDIATRIC UROLOGY**  
#42 in the nation



## GRAND OPENING OF KENTUCKY CHILDREN'S RICHMOND ROAD

On October 11, Kentucky Children's Hospital donors, partners, faculty, and staff gathered to celebrate the grand opening of Kentucky Children's - Richmond Road. This new facility is home to several specialties serving children and adolescents with unique physical, emotional, and medical needs:

**Developmental Pediatrics:** Offers screening, diagnostic and therapeutic services for children with complex developmental-behavioral conditions.

**Complex Care:** Provides medical and developmental follow-up care for infants and young children up to age five with medical complexity.

**NICU Graduate:** Serves babies and young children with special medical needs. The clinic not only serves babies who were cared for in the KCH Neonatal Intensive Care Unit (NICU) but also children born prematurely who are at risk for developmental problems.

**Physical Medicine and Rehabilitation:** Provides a space for patients over the age of five with complex care needs to improve their functional abilities and strength.

The 25,000 square foot space also provides unique, sensory-inclusive amenities, including a quiet waiting room with soothing features for patients with complex sensory needs who need a calming environment in which to wait prior to their appointment; an observation area where parents and caregivers can watch providers interact with and assess their children without interruption; assessment areas for providers to observe, diagnose and treat patients with developmental delays, autism and medication management associated with behavioral changes; family restroom with adult-sized changing tables to serve the needs of patient families, and more.

Funding for this expansion came partly from the local community partners of Children's Miracle Network Hospitals. Thank you to all the donors and supporters who made this new clinic possible.



## GRAND OPENING OF INPATIENT BEHAVIORAL HEALTH UNIT



Kentucky's children and teens now have a dedicated safe space to receive intensive mental and behavioral health interventions at Kentucky Children's Hospital. The new 17-bed Inpatient Behavioral Health Unit opened in June and features semi-private rooms and one private room specifically designed for the care of pediatric patients. Previously, pediatric mental health patients were treated in the inpatient unit in UK HealthCare's Good Samaritan Hospital.



This new unit has access to a full range of age-appropriate resources and is staffed by an expanded interdisciplinary team that includes providers from psychiatry, psychology, nursing, pharmacy, social work, art therapy, music therapy, pastoral care and Child and Family Life. The unit also features a secure outdoor area with developmentally appropriate activities and recreational therapy, therapeutic lighting and artwork, and multi-use space for child-friendly activities.

"There is still a lot of work to do to address this crisis, but along with expanded outpatient access, mental health screenings and provider training, this new unit is an invaluable resource for patients who need specialized care," said Scottie B. Day, M.D., physician-in-chief of Kentucky Children's Hospital.

## PANDA CARES CENTER OF HOPE



On March 22, representatives from Kentucky Children's Hospital and Panda Express cut the ribbon on the Panda Cares Center of Hope, a new space to provide programming addressing four pillars of a child's wellbeing: spiritual, emotional, physical, and mental. Thanks to the support of Panda Express and Children's Miracle Network Hospitals, our patients have a multi-use space for grief and bereavement services, counseling, various therapies, and more.

## KLOIBER FOUNDATION TEEN LOUNGE

Research shows that gaming has positive effects on children in the hospital, providing an outlet for self-expression and socializing. The establishment of the Kloiber Foundation Teen Lounge by the Kloiber Family Foundation ensures that Kentucky Children's Hospital patients have a dedicated space for gaming. The lounge is outfitted with a variety of gaming gadgets, including an Apple TV, Xbox, PlayStation, and Nintendo gaming systems, VR headsets, a 3D printer, and art supplies.





## CHILDREN'S MIRACLE NETWORK HOSPITALS HIGHLIGHTS



### Miracle Balloons: Dairy Queen's Impact

Every summer, Dairy Queen stores across North America spend two months offering their fans the opportunity to purchase Miracle Balloons to hang up in their stores. The proceeds from these Miracle Balloons go directly to the local Children's Miracle Network Hospital. We have the privilege of working with the Dairy Queen in Russell Springs, KY, which happens to be the highest fundraising store in the state. Kase, pictured left, is one of our Children's Miracle Network Hospital Champions. CMNH Miracle Champions serve as ambassadors for Children's Miracle Network Hospitals by sharing their stories and participating in events and fundraising campaigns. We call them Miracle Champions because they are just that: miracles.

### One inch for every \$1,000

Emily, manager of the Nicholasville Road Walmart store in Lexington got the "big chop" and donated her hair to make a wig for a young girl. Emily decided to cut her hair in celebration of her store meeting their 2023 four-week campaign fundraising goals. She cut off an inch for every \$1,000 raised - 12.5 inches for \$12,500! Thank you, Emily and all our Walmart friends, for your support of Children's Miracle Network Hospitals.



### First annual Miracle Family Picnic

In August, we invited our Kentucky Children's Hospital Miracle Families to enjoy a picnic at Jacobson Park. This first-ever Miracle Family Picnic gave families the chance to connect with one another and build friendships. Activities included face painting, outdoor games, and lots of great cookout food. We're grateful for the support of our Phi Mu Fraternity partners and all others who helped make this picnic possible.

### JOANN Craft Competition for CMNH

This year, during JOANN's Miracle Week, the JOANN in Frankfort, KY held a craft competition to raise money for Kentucky Children's Hospital. Customers were encouraged to create their own "balloon" craft to submit as part of the competition. Crafts were displayed throughout the store and were paired with a donation bucket. Customers could vote for their favorite craft by donating to Kentucky Children's Hospital. The store also had other activities available to customers throughout their campaign to highlight Kentucky Children's Hospital and encourage donations. Thank you, JOANN, for all you do!



## Safe Sleep Initiative

University of Kentucky Federal Credit Union made a generous donation to support the Safe Sleep Initiative at Kentucky Children's Hospital. This funding will allow us to provide sleep sacks, onesies, and a book on sleep safety to all guardians of babies born at Kentucky Children's Hospital or cared for in our clinics. Thank you, UK Federal Credit Union, for helping little Kentuckians grow up safely.



## Kendra Cares: Bringing joy to patients

Since 2019, Kendra Scott employees have been coming to visit Kentucky Children's Hospital four times a year and spread joy to our patients through the chance to get creative and make some jewelry. Patients are led through multiple stations, choosing colored stones and metal styles to create a custom piece of jewelry. The experience ends with patients writing a note of gratitude to someone special in their life. We're so grateful to Kendra Scott for their support and engagement with our patients!

## A special thank you to all our Children's Miracle Network Hospitals fundraising partners who supported us in 2023:



and all our other community partners!

## CORPORATE & COMMUNITY GIVING HIGHLIGHTS

### Welcome to Lexington, 7 Brew

7 Brew, an Arkansas-based drive-thru coffee chain, “dropped” into Lexington in 2023 with the opening of three new stores. **With the opening of each location, at Harrodsburg, Richmond, and Versailles Roads, 7 Brew made a donation to Kentucky Children’s Hospital.** Additionally, they’ve supported KCH through their “7 Days of 7 Brew” fundraising campaign, free drinks to providers and staff at the hospital, and a large donation of toys to support Winter Wonderland.



In December 2023, Ralph Coldiron, Kentucky Children’s Hospital Philanthropy Board member, philanthropist, and passionate advocate for kids, was selected as the 7 Brew Coffee Hero, adding him to a prestigious list of 12 heroes from across the US. **In January 2024, Ralph was selected as the 7 Brew Coffee Hero, winning \$10,000 which he committed to donating back to Kentucky Children’s Hospital.**

Ralph and his wife Susan are longtime supporters of Kentucky Children’s Hospital. When their daughter Catie was born prematurely 30 years ago, the Coldirons made it their mission to help support other families with children in the NICU. Through volunteering and fundraising, Ralph has made a difference in the lives of children at Kentucky Children’s Hospital and across the Commonwealth.



We’re so grateful to the Coldirons and to 7 Brew for recognizing Ralph’s support of Kentucky Children’s Hospital!



### J.J. the Jet Plane Foundation 5K Run/Walk

For the sixth year in a row, J.J. the Jet Plane Foundation has donated proceeds from their annual J.J.’s 5k Run/Walk for Childhood Cancer held in Frenchburg, KY. The Foundation was founded in honor of J.J., a young boy with cancer who was cared for at Kentucky Children’s Hospital.

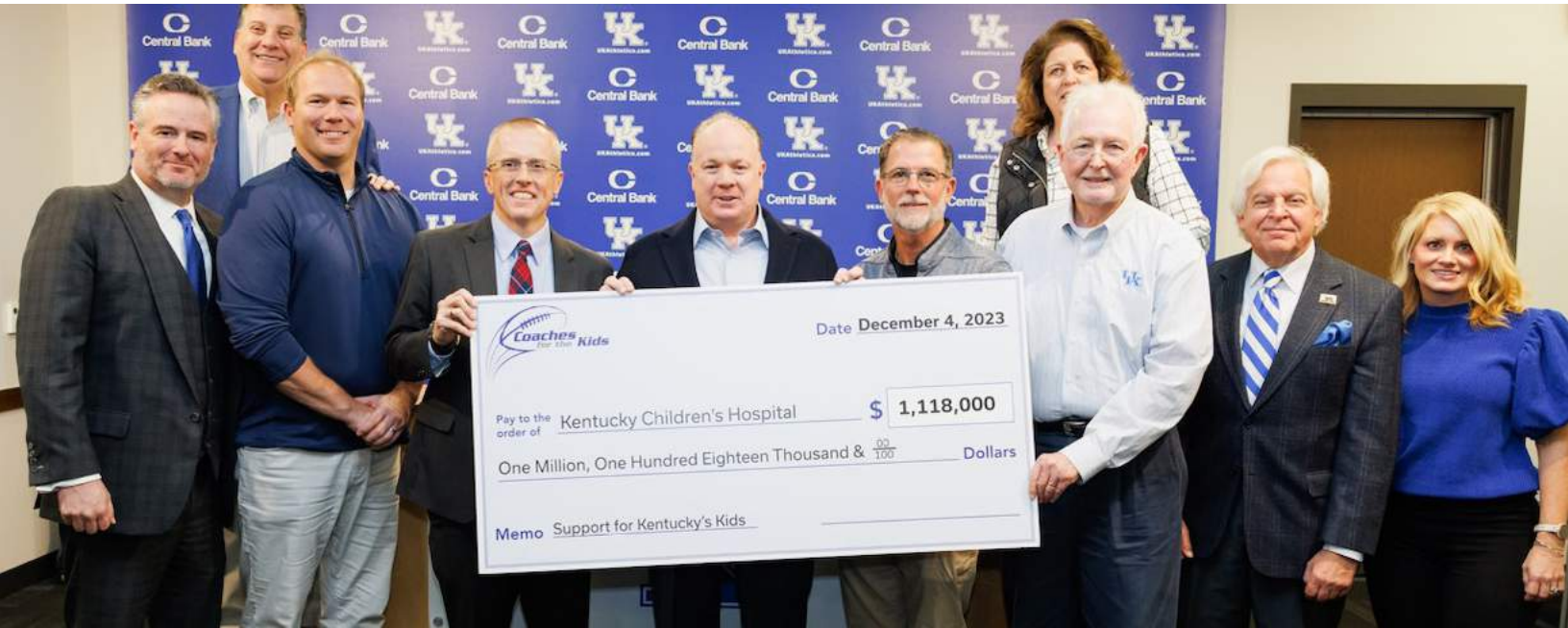
We’re incredibly grateful for J.J. the Jet Plane Foundation’s generosity, and we’re inspired by the dedication of the residents of Frenchburg, who come out year after year to raise money for pediatric cancer research and treatment.





## COACHES FOR THE KIDS FOUNDATION ANNUAL EVENT

Each summer, the Coaches for the Kids Foundation hosts a fundraising event to support Kentucky Children's Hospital, and in 2023 they celebrated Coach Stoops' 11th year as head football coach for the Kentucky Wildcats. To commemorate this accomplishment and honor Kentucky Children's Hospital, Coaches for the Kids Foundation donated \$1.118 million to fund a new leadership position for the hospital. This new position, the Coaches for the Kids Vice Chair of Strategy and Population Health, will identify opportunities to optimize care for children across the state, identifying social and cultural factors that adversely affect health. Thank you, Coaches for the Kids Foundation!



### Other events that supported Kentucky Children's Hospital in 2023:

12th Annual Makenna Foundation Summer Concert  
7 Brew Drop Program  
America's Car-Mart 15th Annual Toy Drive  
Asian American Hotel Owners Association Golf Outing  
Barbasol Championship  
Beaufort Bonnet Gives Back  
Belle's 10th Anniversary Party  
Blue Jeans, Boots & Bulls Derby Eve Party  
Bluegrass Hospitality Group Give BHG  
Caddie127 Fore the Women Tee Party  
Coaches for the Kids Foundation Event  
Crank & Boom "Pints for a Purpose" Campaign  
Estopp Energy Shell Giving Pump Campaign  
Family Fun Night at the Summit  
Family Wealth Group Pie It Forward  
Harper Reign Toy Drive  
HerKentucky & Draper James Shop for the Kids Holiday Event  
J.J. Jetplane's 5K Run/Walk  
J&H Outdoors Forgo the Bag Campaign  
Jarrett's Joy Cart  
Jonathan Ard Memorial Toy Drive  
Keeneland Concours d' Elegance

Kendra Scott Teen Drive  
Lexus for the Little Ones  
Louis Flower Power Shops Charity Dinner  
Medicinal Whiskey Charity Winter Gala  
Mr Brew's Taphouse Annual Toy Drive  
Papa John's Giveback to the Kids  
Paul Laurence Dunbar High School Student Technology Leadership Program  
PetSmart's Chance & Lucky Holiday Philanthropic Program  
Sedona Taphouse Dine Out for Charity  
Send A Friend  
SHOWdown LEX featuring Darius Rucker  
Smile Wagon  
Smooth Ambler Drambleree Event  
Sterling British Motoring Society Holiday Drive  
UK Alumni Association Big Blue Santa Event  
UK Police Department Cram the Cruiser Event  
UKHC Adult Urology Department Holiday Party  
Walmart Holiday Toy Drive  
Western Kentucky Ghostbusters Events  
Willett Distillery & Medicinal Whiskey Charity Sweepstakes

## EVERY DOLLAR COUNTS: HOW THE GENERAL SUPPORT FUND HELPED PATIENTS AND FAMILIES IN 2023

The Kentucky Children's Hospital General Support Fund was established to provide funding from Children's Miracle Network Hospitals for projects and initiatives throughout our care networks.

### The below projects were funded in 2023:

#### TRAINING SUPPORT FOR LICENSED CLINICAL SOCIAL WORKER:

Funds sent an LCSW therapist, Christy Craddock, to a four-day advanced training in Accelerated Resolution Therapy. Accelerated Resolution Therapy is highly effective in treating patients who have Post Traumatic Stress Disorder (PTSD).

"Thank you so much for helping to send me to the four-day advanced training in Accelerated Resolution Therapy. This training has equipped me with an evidence-based therapeutic intervention that is highly effective in treating PTSD. In my therapy practice, I see many children and teenagers who have survived traumatic experiences. **Through using Accelerated Resolution Therapy with these patients, I have been able to help many children and teenagers heal from the traumas they experienced. Your donation has truly helped to change their lives.** Thank you." - Christy Craddock, LCSW, MSW, MDiv

#### UN ABRAZO AMIGO PARENT SUPPORT GROUP FOR FAMILIES OF CHILDREN WITH SPECIAL HEALTH NEEDS

Funds support the activities of Un Abrazo Amigo by providing dinner for the families attending the group each month and supplies such as toys and educational items for children. The group currently serves 51 families and 115 children, 51 of them with special healthcare needs.

"Thank you for your generosity. People like you make a difference in the world, and we are incredibly grateful!"  
Janeth Ceballos, MD, Un Abrazo Amigo Director



#### SUPPORT FOR GLOBAL HEALTH PEDIATRIC RESIDENTS

Funding supported expenses and travel for UK Pediatric residents on the Global Health Track. Eleven residents provided health services in Ecuador as part of UK Shoulder to Shoulder Health Brigades, two residents had one-month rotations at Mero Hospital in Tanzania, and five UK pediatric faculty supervised residents.



"Global health experiences build a skill set that is not only beneficial in underserved global communities, but it also builds on a culture of service, problem solving, and cultural competence that serves them well in our program and in their future practice in the United States. Thank you for your support in providing such wonderful learning and service opportunities for our residents interested in global health. They have all been amazing representatives of UK Pediatrics."  
Thomas Young, MD, FAAP  
Jim and Suzanne Elliott & Family Professor of Pediatrics

## CHILD LIFE PROGRAM SUPPORT

### Items for Adolescent Activity Lounge

The Child Life Team purchased extra controllers and charging stands for each of the Kloiber Foundation Teen Lounge gaming systems, a gaming laptop for bedside gaming, and a specialized Tobii Eye Tracker so patients without finger mobility can engage in gaming. This equipment has helped to expand the role of the new Gaming and Technology Specialist and support further growth of the therapeutic gaming program at KCH.

### Items for New Behavioral Health Space

Funding was used to stock the Behavioral Health Unit with new supplies for art therapy, music therapy, physical and occupational therapy, recreational therapy, & Child Life sessions. These art supplies, books, games, and other activities help support positive coping for patients.

This funding also supplied education technology for patients so they can continue their studies while in the hospital. The Occupational Therapy team was able to purchase Sensory Profile Assessments to use with patients as well as other sensory tools to support coping.

### Gaming and Technology supplies for Infusion Clinic

The Child Life Team purchased two new handheld gaming systems for the infusion and overflow spaces. Due to the high census, some patients have been moved to spaces not outfitted with the same “child-friendly” items located on the 4th floor. These systems will help create a child friendly environment in the patient’s room, provide a stimulating distraction, and support therapeutic technology program goals.

### Zaky Hands and Cozy Cubs

Babies in the Neonatal Intensive Care Unit (NICU) often need extra physical support, and the purchase of Zaky Hugs and DandleLION Cozy Cubs will be used in positioning NICU babies to support healthy neurodevelopment.

### NICU Developmental Play Items

Each room in the NICU, Neonatal Abstinence Care Unit (NACU), and other specialized spaces were outfitted with developmental equipment, including a play mat, mobile, mirror, and toys to encourage and support healthy growth. These supplies help babies stay engaged, both mentally and physically, as they develop.



