UK Travel Clinic

There are so many things to do before you depart. But while you’re planning your itinerary and booking your flight, you should not forget your medical needs. The last thing you want is to arrive in your dream destination only to have your trip spoiled by illness.

The UK Travel Clinic at UK HealthCare at Turfland is a full-service clinic that provides all immunizations and country-specific advice, as well as post-travel screening and evaluation.

How far in advance should I schedule my travel consultation?
Scheduling a travel consult should optimally be done two months prior to your travels to allow time for appropriate vaccinations. Be sure to bring your vaccination history with you to your appointment at the clinic.

What should I expect at a travel consultation?
You will receive unique consultation based specifically on your intended travel. The doctor will ask about your itinerary, length of stay, personal health issues and the activities you will be involved in while abroad.

Services available include:
- Information regarding required immunizations.
- Information on how to prevent travel-related illness.
- Vaccine administration, including yellow fever.
- Advice for those with physical challenges or health conditions.
- Evaluation and treatment of travel-related illness.
- Prescription of travel-related medications.

What vaccinations can I expect to receive?
Vaccines are an important component of your health when preparing to travel. After reviewing your individual itinerary and personal health needs, your physician will provide recommendations based on the most current information available. You and your physician will work together to create an individualized travel-medicine plan to suit your travel needs.

Will insurance cover my clinic visit?
Insurance coverage varies by company and policy. If you have questions, we recommend you check with your insurance company prior to your visit. All payments for the Travel Clinic are due upon checkout. Please check with your insurance company regarding reimbursement for services.

Betty Ouyang, MD, MPH
Dr. Ouyang is board certified in occupational medicine. Her clinical interests include travel medicine, general occupational medicine, emergency medicine and disability/impairment ratings. Dr. Ouyang has traveled extensively to the Caribbean.

T. Scott Prince, MD, MSPH
Dr. Prince is board certified in occupational medicine. His clinical interests include environmental medicine, impairment/disability, travel medicine, aviation medicine, and working with UK students and employees. Dr. Prince has traveled throughout Europe and Central America.

Susan E. Spengler, MD, MSPH
Dr. Spengler is board certified in occupational medicine and physical medicine and rehabilitation. Her clinical interests include general occupational health, musculoskeletal injury rehabilitation and travel medicine. Dr. Spengler has visited many places around the world.

We are eager to meet with you and are now accepting new patients!

Call 859-257-5150 or 859-257-5166 to make an appointment. • Fax: 859-257-8982
UK HealthCare at Turfland • 2195 Harrodsburg Road • Lexington KY 40504-3504
For more information please visit our website at ukhealthcare.uky.edu/travel-clinic.

For additional travel resources, visit www.nc.cdc.gov/travel.