Welcome to the UK Markey Cancer Center. We understand this may be a difficult time for you and your family, but we are pleased you have chosen Markey to be your treatment home. Our team of specialists includes surgeons, oncologists, radiologists, researchers, nurses, geneticists, counselors and volunteers, and we are all dedicated to making your fight against cancer a winning one. It is amazing what can be accomplished when we work together, and we are grateful you have chosen to let us work for you.

Part of our success as your care provider is measured by the team members who make discoveries in our research laboratories; by those who do exceptional work in our Cancer Control Program; by the number of Kentuckians we treat close to their homes via our affiliate network; and by generous donors who make our work possible. The defining measure of our success as health care practitioners, however, lies in our patients themselves. We do not consider ourselves successful until your health improves – simple as that. The exceptional care and treatment our clinical teams provide to all of our patients is second to none, and we sincerely hope you find your experience with us to be a positive one.

Markey has been providing state-of-the-art patient care for decades, and we utilize the latest research programs to offer breakthrough treatments and therapies. Markey also earned National Cancer Institute (NCI) designation. It’s a distinction that signifies national excellence in clinical care and cancer research. We are the only NCI-designated center in Kentucky and one of only a handful in the nation. More than 100 nationally sponsored clinical studies for different types of cancer are available to our patients. The resources of Markey are combined with those of UK Albert B. Chandler Hospital, offering you access to the more than 600 physicians and the 80 specialty services and centers that form UK HealthCare.

To better familiarize you with the Markey Cancer Center, we have prepared this booklet of helpful information to assist you throughout your experience with us. If you need more information, our care providers will be happy to answer any questions you may have.

Sincerely,

B. Mark Evers, MD

Director, Lucille P. Markey Cancer Center
Professor and Vice Chair for Research, Department of Surgery
Markey Cancer Foundation Endowed Chair
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UK Markey Cancer Center location and facilities

The Markey Cancer Center is located next to UK Albert B. Chandler Hospital at 800 Rose Street, Lexington, Ky. The center is part of the UK HealthCare continuum of care and has complete access to UK HealthCare patient care services and research programs.

The Markey Cancer Center is made up of the following four buildings:

- **Whitney-Hendrickson Cancer Facility**
  The Whitney-Hendrickson Cancer Facility (also known as Chandler Hospital Pavilion WH) provides outpatient treatment services for major cancers, including gynecologic, breast, lung, brain, gastrointestinal, urologic, neuroendocrine, and head and neck cancers. The chemotherapy infusion suite is across from the Multidisciplinary Cancer Care lobby on the first floor and across from the Comprehensive Breast Care Center on the second floor. Gynecologic patient care services are on the third floor.

- **Ben F. Roach Cancer Care Facility**
  The Ben F. Roach Cancer Care Facility (also known as Chandler Hospital Pavilion CC) is dedicated to the care of cancer patients. Outpatient treatment services for leukemia, lymphoma, myeloma and other blood disorders, and blood and marrow transplantation are provided in the Markey Hematology Program on the first floor. State-of-the-art treatment areas, including the Brain & Body Radiosurgery Program, are located on the ground floor. Inpatient rooms are located on the second and third floors.

- **Dorothy Enslow Combs Cancer Research Building**
  The Combs Cancer Research Building houses research laboratories, offices and conference space used to advance cancer research.

- **Margrite Davis-Ralph Mills Building**
  The Margrite Davis-Ralph Mills MRI Building also houses research laboratories. This building is connected to the Whitney-Hendrickson Cancer Facility.
Frequently called numbers
For appointment information or issues related to your care, call one of the following numbers Monday – Friday, 8:30 a.m. – 4 p.m.

Markey Cancer Center patient information
Local: 859-257-4488
Toll free: 1-866-340-4488
On rare occasions, it may be necessary for you to leave a message. One of our care providers will return your call as soon as possible.

If you have an urgent situation after hours that you think requires a doctor’s attention, please call 859-323-5321 and ask the operator to page the oncology doctor on call. A doctor is on call 24 hours a day, seven days a week. In a life-threatening emergency, always call 911 or go immediately to the nearest emergency department.

Other helpful numbers
If you are calling from a UK HealthCare phone, dial only the last five numbers.
UK Chandler Hospital Admitting: 859-323-5062
UK Chandler Hospital Financial Counseling: 859-323-6577
Gynecologic Oncology Care: 859-323-5553
Health Education Center: 859-323-7808
Hospital security: 859-323-6152
On-call physician: 859-323-5321
Markey Cancer Center outpatient social worker: 859-257-6351

Your nurse is: ____________________________________________

Your attending physician is: _________________________________
Markey Cancer Center hours of operation

The following Markey Cancer Center outpatient services are open Monday – Friday, 8 a.m. – 4:30 p.m. We are closed on weekends and major holidays.

- Chemotherapy Infusion Suite (also open for limited hours during the weekend)
- Comprehensive Breast Care Center
- Gynecologic oncology
- Hematology oncology and the Outpatient Blood & Marrow Transplant Program
- Multidisciplinary Cancer Care Program
- Brain & Body Radiosurgery Program

Please remember to call before coming to the cancer center without an appointment. Your physician may not be available to see you.

When to call your doctor or nurse

For questions or problems related to your care Monday – Friday, 8 a.m. – 4:30 p.m., you or your caretaker can call Markey Cancer Center at 859-257-4488 or toll free at 1-866-340-4488.

Please call if you have any of these signs and symptoms:

- Fever greater than 100.5 degrees.
- Shaking chills.
- Blood in your bowel movement or urine.
- Uncontrolled nausea and vomiting.
- Uncontrolled diarrhea.
- Drowsiness, confusion or an inability to awaken.
- Redness, swelling or drainage from any wound or venous access device.

After hours: If you have an urgent situation after hours that you think requires a doctor’s attention, please call 859-323-5321 and ask the operator to page the oncology doctor on call. A doctor is on call 24 hours a day, seven days a week.

In a life-threatening emergency, always call 911 or go immediately to the nearest emergency department.
Medical history
Your care providers will frequently ask you about your medical history. Please be prepared to answer these questions.

Prescriptions
Please bring your medicine bottles, current list of medicines, and any vitamins and supplements you are taking with you to your doctor’s appointment. Bringing copies of your medical records may also be helpful to your health care providers.

• Ask for the prescription refill while your doctor is in the room with you.
• Please allow 72 hours for prescription refills by your doctor and for prescriptions requiring prior authorization from your insurance company.
• Remember to tell your doctor about any drug allergies you have.
• Most pain medications cannot be called in to a pharmacy – federal law requires that pain medicine prescriptions are written. These prescriptions may be picked up in person or mailed. Allow seven business days for delivery by mail. Be aware of how much medication you have left and how much you need before choosing to have any prescription mailed to you.

Radiation medicine outreach treatment centers
In addition to offering radiation treatment at Markey Cancer Center, the following outreach centers are available so patients can receive care closer to home.

Maysville Cancer Treatment Center
1115 Progress Way
Maysville KY 41056
606-759-4442 or toll free 1-800-759-4431
Fax: 606-759-4443

Morehead Cancer Treatment Center
at St. Claire Cancer Center
228 W. Second St.
Morehead KY 40351
606-784-3443
Fax: 606-783-6757
Don and Cathy Jacobs Health Education Center

UK Chandler Hospital, Pavilion A
Floor 1
Monday – Friday, 9 a.m. – 4:30 p.m.
859-323-7808
ukhealthcare.uky.edu/HEC

The Don and Cathy Jacobs Health Education Center is UK HealthCare’s resource center for patients and family members. The information in the center supplements the information provided by your physician, nurse and other health care providers.

The center provides information in a variety of formats, including books, pamphlets, videos, health newsletters and the Internet. You can also check email and copy or fax documents in the Health Education Center.

Helpful staff at the center will assist you in finding information about your diagnosis and treatments, as well as the management of side effects and emotional support information. Whether you are newly diagnosed, a long-term cancer survivor or a caregiver, the Health Education Center can help you find the information you need.

Other important resources

Markey Cancer Center
ukhealthcare.uky.edu/markey
For more information about Markey Cancer Center’s services and programs, visit our website.

American Cancer Society
1-800-ACS-2345 (1-800-227-2345)
www.cancer.org
Many patient support services are offered through the American Cancer Society (ACS). Please call for a complete list of patient programs.

The ACS has local offices across Kentucky. ACS information is available 24 hours a day, seven days a week by calling 1-800-227-2345. Trained volunteers can answer questions and connect you to local resources.

National Cancer Institute
Cancer Information Service
1-800-4-CANCER (1-800-422-6237)
www.cancer.gov
This service provides up-to-date, accurate information in either English or Spanish. The website includes information about treatment, prevention, screening and testing, and coping with cancer.

The Kentucky Tobacco Quitline
1-800-QUIT-NOW (1-800-784-8669)
The Kentucky Tobacco Quit Line provides callers with counseling and information about how to quit smoking.

National Cancer Institute
Smoking Quitline
1-877-448-7848
Call the National Cancer Institute’s toll-free Smoking Quitline, where specialists are available to answer smoking-related questions in English or Spanish.

Leukemia and Lymphoma Society
1-800-955-2566
www.lls.org
This society assists patients who are living with a diagnosis of leukemia, lymphoma, Hodgkin’s disease or multiple myeloma. It provides financial aid to those who qualify for treatment expenses and transportation, family support groups, and more.
Markey Cancer Center
Psych-Oncology Services

Markey Cancer Center is committed to care for the physical and emotional well-being of our patients. We are pleased to offer a range of services to respond to the individual needs of patients and their loved ones.

Our specialized Markey representatives are available by appointment, email and telephone to address your specific needs.

Nutrition and Dietary Guidance
Rachel Miller, MS, RD, LD
Clinical Dietitian
859-257-0519, rachel.c.miller@uky.edu

Managing Stress through Relaxation Therapy
Jennifer Bradley
Integrative Medicine
Jin Shin Jyutsu Practitioner
859-323-1797, jmbradley@uky.edu

Finding Your Way through Cancer Care
Melanie Wilson
American Cancer Society
Patient Navigator
859-323-4632, melanie.wilson@cancer.org

Emotional and Financial Support
Angie Pennington, MSW, CSW
Oncology Social Worker
859-323-2156, apennington@uky.edu

Jenny Delap, MSSW, CSW
Oncology Social Worker
859-257-6351, jenny.delap@uky.edu

Joan Scales, LCSW
Psych-Oncology Services Supervisor
859-323-1403, joan.scales@uky.edu

Support groups

Newly-diagnosed
Meets the second Wednesday and fourth Thursday of every month,
Noon-1:30 p.m.
Comprehensive Breast Care Center conference room
Whitney-Hendrickson Building, second floor
UK Markey Cancer Center
800 Rose Street
Lexington KY 40536

In-treatment
Meets the first Friday of every month,
2-3:30 p.m.
Second floor conference room (Room 208)
Combs Cancer Research Facility
UK Markey Cancer Center
800 Rose Street
Lexington KY 40536

Head and neck cancer
Meets the first Tuesday of every month,
4-5:30 p.m.
Second floor conference room (Room 208)
Combs Cancer Research Facility
UK Markey Cancer Center
800 Rose Street
Lexington KY 40536

Young adult
Meets third Wednesday of every month,
4-5:30 p.m.
Hilary J. Boone Center, Fireside Room
500 Rose Street
Lexington KY 40536

Cancer survivors
Meets the third Tuesday of every month,
5-6:30 p.m.
Hilary J. Boone Center, Fireside Room
500 Rose Street
Lexington KY 40536

For more support group information, call 859-323-1403. To reach an oncology social worker, call 859-323-2156.
The following Lexington hotels offer discounts to patients receiving treatment at UK Chandler Hospital and their families. Discounts may vary and are subject to change; please check when you book.

Distances provided are from the Markey Cancer Center and are approximate.

- **The Inn on Broadway**
  - 1301 S. Broadway
  - 859-519-2060
  - Distance: 1.5 miles

- **Crowne Plaza Lexington: The Campbell House**
  - 1375 S. Broadway
  - 859-255-4281
  - Distance: 1.2 miles

- **Hilton Suites**
  - 245 Lexington Green Circle
  - 859-271-4000
  - Distance: 3 miles

- **Holiday Inn Express**
  - 1000 Export St.
  - 859-254-1177
  - Distance: 1 mile

- **La Quinta Motor Inn**
  - 1920 Stanton Way
  - 859-231-7551
  - Distance: 5 miles

- **Microtel**
  - 2240 Buena Vista Road
  - 859-299-9600
  - Distance: 5 miles

- **Red Roof Inn**
  - 2651 Wilhite Drive
  - 859-277-9400
  - Distance: 2.7 miles

- **Springhill Suites by Marriott**
  - 863 S. Broadway
  - 859-225-1500
  - Distance: 1 mile

- **Super 8 Lexington**
  - 2351 Buena Vista Road
  - 859-299-6241
  - Distance: 5 miles

- **University Inn**
  - 1229 S. Limestone
  - 859-278-6625
  - Distance: 0.3 miles

### Temporary lodging information

To stay in one of the following lodges, you must have a referral from your nurse, your physician or a Markey Cancer Center social worker.

- **St. Agnes House**
  - 635 Maxwelton Court
  - 859-254-1241
  - St. Agnes House is an ecumenical ministry of the Episcopal Diocese of Lexington that provides low-cost housing for patients who are undergoing outpatient cancer treatment in Lexington area hospitals.

- **American Cancer Society Hope Lodge**
  - 1500 College Way
  - 859-260-8303
  - The American Cancer Society Hope Lodge offers a free short-term residential facility that provides housing, counseling and referral services to patients and their families who are receiving cancer treatment in Lexington area hospitals. The Hope Lodge is sponsored by the American Cancer Society.

For additional information, please call UK Chandler Hospital Patient and Family Services at 859-323-5501.
On-campus dining options

Whether you are visiting a loved one or are between appointments, a number of food and beverage options are available during your visit to the Markey Cancer Center.

Cash, Visa and MasterCard are accepted at all locations.

The following information is subject to change:

Whitney-Hendrickson Café
Whitney-Hendrickson Building, first floor
Open Monday-Friday for breakfast and lunch. Closed on weekends and holidays.
This café offers a variety of lighter dining options including Panini’s, specialty wraps, homemade chicken and tuna pita pockets, and fresh salads.

Hospital cafeteria
UK Chandler Hospital
Pavilion HA, first floor
Open daily, 6:30 a.m. – 10 a.m. and 11 a.m. – 11 p.m.
Follow the yellow tiles from the Pavilion H Registration Desk or request a map from any information desk. The cafeteria serves a wide selection of foods, including breakfast, hot items, grilled items, pizza, a salad bar, deli sandwiches and snacks. Call 859-257-1168 for daily menus.

Courtyard Café
UK Chandler Hospital
Pavilion A, ground floor, adjacent to the lobby atrium and auditorium.
Open Monday – Friday, 7 a.m. – 3 p.m.
The café offers coffee, beverages, pastries, soups, salads and sandwiches.

Terrace Café
UK Chandler Hospital
Pavilion A, Floor 1
Open Monday – Friday, 7 a.m. – 2 p.m.
This kiosk offers coffee, beverages and premade food items.

Coffee Shop
UK Chandler Hospital
Pavilion H, first floor, just inside the main entrance
Open Sunday – Friday, 11 p.m. – 3 p.m.; Saturday, 11 p.m. – 6:30 a.m.
This shop serves a variety of items including hot breakfast, grilled sandwiches, burgers, fresh salads, pretzels and Starbucks® coffee.

Starbucks®
Kentucky Clinic, first floor
Open Monday – Friday, 6:30 a.m. – 7 p.m.
Closed on weekends and holidays.
Starbucks has fresh coffee, espresso, blended beverages, iced beverages, pastries, sandwiches, salads and assorted candies.

Wildcat Café
Kentucky Clinic, third floor, near the pedestrian bridge from Pavilion H.
Open Monday – Friday, 7:30 a.m. – 3 p.m.
Closed on weekends and holidays.
The café features hot breakfast, pastries, pizza, pasta and subs.

Vending machines
24-hour service
Machines are located on the first floor of UK Chandler Hospital Pavilion H just around the corner from the cafeteria, in Markey Cancer Center’s Ben F. Roach Cancer Care Facility, in the UK Chandler Hospital emergency department, and on the ground level in Wing D of the Kentucky Clinic.

ATM cash machines
24-hour service
In the UK Chandler Hospital, ATMs are located on the first floor of Pavilion H next to the Information Desk and on the ground floor of Pavilion A near the chapel. ATMs can also be found in Kentucky Clinic in the main entrance and in the Wildcat Café. Other ATMs are available on the first floor of the College of Medicine and the first floor of the College of Dentistry.
UK Markey Cancer Center walking directions

The Markey Cancer Center is located next to UK Chandler Hospital. The next few pages feature walking directions to help you navigate our campus. Please refer to the map on page 16.

From the Whitney-Hendrickson Building to Nuclear Medicine (Roach Cancer Care Facility)
- Exit the Whitney-Hendrickson Building through the south doors (near the café).
- Turn right and cross the courtyard to the Roach Cancer Care Facility.
- Enter through the front door of the Roach Cancer Care Facility into the main lobby. Go through the lobby and take the hallway on the far left, walking through a set of double doors. Just past the doors, there will be an elevator on your left.
- Take the elevator to the ground floor. Exit the elevator and go straight. Nuclear Medicine will be on your right at the end of the hallway.

From the Whitney-Hendrickson Building to the Kentucky Clinic, the Pre-op Clinic or the Kentucky Clinic Pharmacy
- Exit the Whitney-Hendrickson Building through the south doors (near the café).
- Turn right and cross the courtyard (veering left) between the Roach Cancer Care Facility and the Combs Research Building.
- Follow the sidewalk to the front of UK Chandler Hospital.
- You will see a small concrete structure on your left that houses an elevator and stairway leading to the pedway over Rose Street to the Kentucky Clinic.
- Take the pedway across the street.
- You will exit the pedway onto the third floor of Kentucky Clinic, Wing C. Follow the hallway past the deli/snack shop to the information desk on your right.
- Pre-op Clinic is in the Kentucky Clinic, Wing C, second floor.
- Kentucky Clinic Pharmacy is in Wing D, first floor.
From the Whitney-Hendrickson Building to the Markey Cancer Center Hematology Program and the Radiation Medicine Clinic (Roach Cancer Care Facility)

- Exit through the Whitney-Hendrickson Building south doors (near the café).
- Turn right and cross the courtyard to the Roach Cancer Care Facility.
- Enter through the front door of the Roach Cancer Care Facility into the main lobby.
- Proceed to the first hallway on your right, next to the information desk.
- The entrance to the Markey Hematology Program is on the right; Radiation Medicine is on the left.

From Whitney-Hendrickson Building to Patient Admitting (UK Chandler Hospital, Pavilion H)

- Exit the Whitney-Hendrickson Building through the south doors (near the café).
- Turn right and cross the courtyard (veering left) between the Roach Cancer Care Facility and the Combs Research Building and follow the sidewalk to the front entrance of UK Chandler Hospital.
- Enter through the revolving door of UK Chandler Hospital, Pavilion H.
- The registration desk is located straight ahead.
From the Whitney-Hendrickson Building to X-Ray, CT Scan and MRI*
(UK Chandler Hospital)

- Exit the Whitney-Hendrickson Building through the south doors (near the café).
- Turn right and cross the courtyard (veering left) between the Roach Cancer Care Facility and the Combs Research Building. Follow the sidewalk to the front entrance of UK Chandler Hospital.
- Enter through the revolving door at UK Chandler Hospital, and go straight to the registration desk.*
- Follow the copper squares on the floor to the A elevators. Take the A elevator to the second floor.
- Exit the elevator and walk away from KCH Sedation & Procedure Unit. Take a slight right and walk to Diagnostic Radiology.

*For MRI: Follow above-ground instructions to the Registration Desk at UK Chandler Hospital. They will direct you to MRI.

From Whitney-Hendrickson to Gill Imaging Center (for CT scans and MRI) and Gill Heart Institute

- Exit the Whitney-Hendrickson building through the doors near the café.
- Turn right and cross the courtyard veering left between the Roach Cancer Care Facility and the Combs Research Building.
- Continue to veer right walking between the Roach Building and the hospital.
- Follow the sidewalk in front of the UK Chandler Hospital until you get to the sliding doors where the sidewalk ends.
- Enter through the sliding doors.
- If you are going to the Gill Heart Institute Cardiology Clinic, take the door to your immediate right.
- To the Gill Imaging Center, take a left after going through the sliding doors and then a right.
- The hallway of moving pictures will be on the left and the glass elevator will be on the right.
- Take the glass elevator to the ground floor. The entrance to the Gill Heart Institute will be behind the elevator on the right.
Parking
Limited free patient parking is available in the lot next to the Whitney-Hendrickson Building. See map below. To park in the Markey Cancer Center lot, enter through the guarded gate off Rose St.

If you are unable to park in the Markey Cancer Center lot, you may park in the UK HealthCare Parking Garage directly across South Limestone from UK Chandler Hospital (110 Transcript Ave.). From the garage you can take the free bus to UK Chandler Hospital, where you can catch a free shuttle cart that will transport you to the Markey Cancer Center. After your appointment, the shuttle cart will return you to the front of Chandler Hospital where you can catch a bus back to the parking garage. If you park in the UK HealthCare Parking Garage, bring your parking ticket to the Markey Cancer Center for validation.