Planning a trip abroad?
There are so many things to do before you depart. But while you’re planning your itinerary and booking your flight, don’t forget your medical needs.

The UK Travel Clinic at Kentucky Clinic South is a full-service clinic that provides all immunizations and country-specific advice, as well as post-travel screening and evaluation.

How far in advance should I schedule my travel consultation?
Scheduling a travel consult should be done three to six months prior to your travels to allow time for appropriate immunizations. Be sure to bring your immunization history and list of medications with you to your appointment at the clinic.

What should I expect at a travel consultation?
You will receive individualized consultation based on the specifics of your intended travel. The doctor will ask about your itinerary, length of stay, personal health issues and the activities you will be involved in while abroad.

Services available include:
- Information regarding required immunizations
- Information on how to prevent travel-related illness
- Vaccine administration including yellow fever
- Advice for those with physical challenges or health conditions
- Evaluation and treatment of travel-related illness

What immunizations can I expect to receive?
Immunizations are an important component of your health. After reviewing your individual itinerary and personal health needs, your physician will provide recommendations based upon the most current information available. You and your physician will work together to create an individualized travel-medicine plan to suit your travel needs.

Will insurance cover my clinic visit?
All payments for the Travel Clinic are due upon checkout. Check with your insurance company regarding reimbursement.

Our team of professionals

Ray Garman, MD, MPH is board certified in pulmonary diseases, occupational medicine and internal medicine. His clinical interests include aviation medicine, environmental medicine and occupational medicine. He has traveled throughout Europe, the Middle East, North Africa and Asia.

Scott Prince, MD, MSPH is board certified in occupational medicine. Dr. Prince’s clinic interests include environmental medicine, impairment/disability, travel medicine, and working with UK students, UK employees and aviation medicine. Dr. Prince has traveled throughout Europe and Central America.

Susan E. Spengler, MD, MSPH is board certified in occupational medicine and physical medicine and rehabilitation. Her clinical interests include general occupational health, musculoskeletal injury rehabilitation, and travel medicine. Dr. Spengler has visited many places around the world.

Location
Kentucky Clinic South is conveniently located just off Harrodsburg Road at New Circle. The Travel Clinic is in the basement.

Kentucky Clinic South
Basement
2400 Greatstone Point
Lexington KY 40504
Call 859-257-5150 to schedule your travel consult today. Appointments available every weekday.

Other Travel Tips
Resources: http://wwwn.cdc.gov/travel
To Do List:
✓ Renew passport
✓ Schedule travel consultation at Kentucky Clinic South
✓ Book flight
✓ Convert money