Dear Colleagues,

Debilitating injuries or chronic bone and joint problems keep many people from working and enjoying normal lives. UK Orthopaedic Surgery and Sports Medicine seeks to improve the quality of life for patients who suffer from debilitating disorders and to restore injured people back to a healthy level of activity.

Our specialists and fellowship-trained surgeons are world-renowned for developing and implementing state-of-the-art techniques to diagnose, treat, research and educate patients about many bone and joint disorders. We employ some of the only fellowship-trained surgeons in the region to provide the highest level of care, including our strong pediatric orthopaedic practice. The orthopaedic facilities are technologically advanced, comprising computer-assisted surgery and a Level I trauma center.

I am pleased to announce the arrival of several new faculty members who will bring further expertise, experience and programs to our department. Mauro Giordani, MD, joined our department on July 24 and specializes in joint reconstruction. Carter Cassidy, MD, joined our team on August 1 and specializes in spine disorders. Christian Lattermann, MD, will be joining us on August 28 and specializes in sports medicine and articular cartilage restoration.

With the arrival of Dr. Giordani, UK HealthCare will be the first in the Commonwealth of Kentucky to offer the BIRMINGHAM HIP Resurfacing™ implant. This all metal implant serves as an alternative to total hip replacement surgery and allows the patient to return to a more active lifestyle quicker than with traditional hip replacement surgery.

Dr. Lattermann will offer the state’s first articular cartilage restoration program. Articular cartilage can become damaged through the trauma of injury or as a result of the wear and tear that occurs over a lifetime. Dr. Lattermann's extensive training will enable us to offer patients an option other than a total knee replacement.

If you would like more information about the department of Orthopaedic Surgery and Sports Medicine and the services we offer, please explore our Web site at ukhealthcare.uky.edu or call toll free at (800) 888-5533.

Darren Johnson, MD
Chair
Department of Orthopaedic Surgery and Sports Medicine

News Briefs

UK to Serve as Team Physicians for Eastern Kentucky University

UK Orthopaedic Surgery and Sports Medicine is now providing the team physicians for Eastern Kentucky University’s varsity sports teams.

The department, including its certified athletic trainers, will address the medical needs of all EKU athlete musculoskeletal and primary care issues. UK will also provide medical coverage on site during athletic events and with weekly training room visits to evaluate injuries and or medical problems.

Eastern Kentucky University now joins the University of Kentucky athletic teams, Kentucky State University, Morehead State University, the Fayette County public schools and the Horsemen arena football team as some of the many sports programs that turn to UK for their athletes’ health and safety.

For more information, or to make an appointment with a UK HealthCare physician, please call UK-MDs at (800) 888-5533 or visit us online at ukhealthcare.uky.edu and look for Find a Doctor.
Pediatric Orthopaedics at UK HealthCare

Todd Milbrandt, MD
UK Orthopaedic Surgery and Sports Medicine

Pediatric orthopaedics at UK HealthCare enjoys a long tradition of outstanding care and participates in the constantly changing world of medicine. Our group includes four fellowship-trained pediatric orthopaedic surgeons, Henry J. Iwinski Jr., MD; Janet Walker, MD; Vishwas Talwalkar, MD; and Todd Milbrandt, MD. No other hospital in our state or region can boast as many talented orthopaedists dedicated to the care of children. We work closely with our colleagues in pediatrics and all have dual appointments in orthopaedics and pediatrics. A portion of our time is spent at Shriners Hospital for Children in Lexington, creating a beneficial partnership providing orthopaedic care for the children of Kentucky.

Many of our referrals are centered on pediatric trauma and fracture care. We help support the Level I Pediatric Trauma Center at UK Chandler Hospital, working together with our colleagues in pediatric surgery and neurosurgery. We also care for many children who are not as severely injured in our Emergency Department and clinic. We offer pediatric orthopaedic clinics five days a week with many drop-in slots available. One of us is available every day for consultation calls.

While fracture care is a component of pediatric orthopaedics, many other diagnoses are also treated within our clinics. We treat pediatric spine disorders including scoliosis, spondylolisthesis and kyphosis. We are trained in all facets of care for the child with spinal deformity, including observation, brace management and the most current surgical techniques such as thoracoscopy and growing rods. We are committed to providing state-of-the-art care to our patients.

Other elective pediatric disorders are also treated within our practice. We see many children with hip, knee, ankle and foot conditions. The patients we manage with these medical problems range from birth to adolescence. For us, treating many different parts of the body is the advantage of being a pediatric orthopaedic surgeon.

Research is also an interest for our team. We each participate in clinical trials to better understand the diseases and effects we see over time. Many of our studies are performed with the collaboration of the research faculty at Shriners Hospital. In addition, we are pursuing basic science research in Legg-Calve-Perthes disease and growth plate disorders using the vast resources of the basic UK science departments.

Because of our strong ties to both Kentucky Children’s Hospital and Shriners Hospital for Children, we are well suited to take care of all pediatric orthopaedic needs. We assist in the care of patients with a broad spectrum of diagnoses from scoliosis to simple fractures. Our research endeavors allow us to be on the cutting edge of medicine and surgery. Our ultimate goal is the best care for the children of Kentucky.

Dr. Milbrandt is a fellowship-trained pediatric orthopaedist and assistant professor of orthopaedic surgery at UK.