

# STROKE QUICK FACTS



Someone has a stroke every **40 seconds**.  
Someone dies from a stroke every **4 minutes**.

# 5<sup>th</sup>

leading cause of death  
in the U.S. and in Kentucky.

In the U.S., an estimated  
**800,000** people will  
experience a stroke  
this year...



of those people has had a  
previous stroke.

An estimated

# 6.5

million

stroke survivors live in the U.S.

One out of every 20 deaths  
in the U.S. is caused by stroke.

## THE GOOD NEWS

# 80%

of strokes are preventable.

Reduce your risk by:

- Lowering blood pressure.
- Lowering cholesterol.
- Quitting Smoking.

Source: [www.cdc.gov](http://www.cdc.gov)

 HealthCare

For more tips to prevent stroke, visit [ukhealthcare.net](http://ukhealthcare.net)