NICU Graduate Clinic locations

1. UK Family Care Center
   1135 Red Mile Place
   Lexington KY 40504

   To make an appointment at either location, call 859-323-6469.

2. UK Center for Excellence in Rural Health
   Bailey-Stumbo Building
   750 Morton Blvd.
   Hazard KY 41701

   Adjacent to the Hazard ARH Regional Medical Center
What is the NICU Graduate Clinic?
The Kentucky Children’s Hospital NICU Graduate Clinic provides specialized medical and developmental follow-up care for babies and young children until about 3 years of age. The clinic not only serves babies who were cared for in any Neonatal Intensive Care Unit, but also any child who demonstrates the need for developmental follow-up.

Why does my baby need developmental follow-up?
Babies who were born preterm or very sick are at increased risk for developmental problems. When delays in development are identified early, services can be provided to help babies reach their full potential.

What developmental follow-up is provided?
Developmental follow-up is tailored to meet the needs of the individual child. Each child is evaluated by a multidisciplinary team that may include a physician, a nurse, a dietitian, a physical therapist, an occupational therapist, a speech-language pathologist, a clinical psychologist and a social worker. Most children receive a complete history and physical examination at each visit.

The specific developmental testing varies with the child’s specific needs and his or her adjusted age, which accounts for premature birth. For example, a 6-month-old who was born three months prematurely has an adjusted age of 3 months.

Developmental screening is done on some babies at 3 months adjusted age. Formal developmental testing is usually done at 6 months, 12 months, 24 months and 36 months adjusted ages.

What medical care is provided at the clinic?
Medical follow-up is primarily focused on problems associated with the high-risk delivery or the NICU stay. It is designed to complement, not take the place of, the services of the baby’s primary care provider. The medical care provided in the clinic includes management and/or follow-up of breathing problems such as those requiring home oxygen or monitors, as well as feeding problems.

Kentucky Children’s Hospital mission:
To improve the lives and health of Kentucky’s children and to provide a more optimistic future for their families.