Fall in love with safety

Did you know that a child is twice as likely to be injured from a fall at home than at child-care? Falls are the leading cause of nonfatal injuries for all children ages 0 to 19. Every day, about 8,000 children are treated in emergency rooms for fall-related injuries. This adds up to almost 2.8 million children each year. Most falls are preventable.

Safety tips for kids at home

Strap 'em in.
- Keep kids strapped in at all times while using changing tables, high chairs, infant carriers, swings and strollers.

Flat on the floor.
- Keep infant carriers off tabletops, unstable surfaces, or other furniture.

Keep it fun.
- Walkers are dangerous. Use stationary activity centers with a stable, non-moveable base. Place them away from stairs, hot appliances and window cords.

Got gates?
- Install safety gates at the top and bottom of stairs, attached to the wall. Follow manufacturer's use and installation recommendations.

Hold hands.
- Use railings, hold hands and actively supervise toddlers on stairs.

Slip-free zone.
- Use anti-slip rugs on floor and mats or decals in the bathtub or shower help prevent dangerous falls.

Is the passage clear?
- Keep hallways and stairs well-lighted, clean and clear of clutter.

Windows keep bugs out.
- Keep young climbers and crawlers in. Use guards on windows that are above ground level. Move chairs, cribs and other furniture away from windows.

Top Tip: SUPERVISION
It’s February, the perfect month to fall in love.

Question: When is it OK to fall?

Answer: In Love

Will you be my safety Valentine?

Cut out and share this safety Valentine:

Be a Safety Sweetheart

For more information, contact Safe Kids at 859-323-1153 or visit www.safekidsfayettecounty.com.

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