Welcome to UK HealthCare. We are delighted that you have chosen to spend time with us. Even though you are not an employee of UK HealthCare, our Employee Health Policy still pertains to you. It is designed for your protection as well as the health and safety of our patients. Please remember that a healthcare facility is a potentially hazardous place. There are certain health risks that come with working in any health care facility and specific precautions that must be taken in order to minimize those risks. I know that it has been emphasized to you that as a volunteer or observer, you should not have any direct contact with patients. That being said, it is still important that you do all you can to safeguard your own health. Frequent hand washing and vaccination against communicable diseases will provide additional protection to you and our patients. For the protection of our patients, immunizations (or known immunity) against measles, mumps, rubella, tetanus, diphtheria, pertussis and varicella (chickenpox) are mandatory for all volunteers and observers. Annual flu vaccination is strongly encouraged. In addition, for your protection, it is highly recommended that you complete a hepatitis B vaccination series. Finally, we are required by the State of Kentucky to have proof of tuberculosis testing for all volunteers and observers prior to starting with us and then again annually. The information below outlines the required vaccinations and the acceptable documentation.

<table>
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<tr>
<th>MMR (Measles, Mumps, and Rubella)</th>
<th>Tdap (Tetanus, Diphtheria, and Pertussis)</th>
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</table>
| Proof of immunity to rubella, rubeola and mumps if born in 1957 or later. One of the following may be used as documentation:  
  - Documentation of two MMR vaccines with the first dose at 12 months of age or older  
  - Documentation by a physician of having had rubeola, rubella and mumps disease  
  - Documentation of protective rubeola, rubella and mumps titers  
If there is a medical reason that you cannot receive an MMR vaccine, please bring physician documentation. | The Tdap vaccine was licensed in 2005. It is the first vaccine for adolescents and adults that protects against pertussis as well as tetanus and diphtheria.  
  - This is different from the regular tetanus (Td) vaccine that is recommended every 10 years. It is also different than the childhood DTaP vaccine. The Tdap is only given once.  
  - All who enter a health care facility for volunteering or observing are required to have one Tdap vaccine |

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<tr>
<th>Hepatitis B</th>
<th>Varicella (Chickenpox)</th>
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| As a volunteer or observer you should not come into contact with patient bodily fluids. However, accidents happen. Hepatitis B vaccine is strongly recommended, but not required. If you have had the Hepatitis B vaccine in the past, please bring documentation of all three doses. | Proof of immunity to varicella by one of the following:  
  - History of having had chicken pox disease  
  - Positive varicella antibody titer  
  - Immunization with varicella vaccine (Full immunization with the varicella vaccine requires a series of two injections)  
If you have no history of chicken pox or your varicella titer is negative, you will be required to receive two (2) doses of varicella vaccine at the recommended intervals. |

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<th>Tuberculosis Screening</th>
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| You must have a recent TB test. We accept TB tests from the health department, other hospitals’ employee health programs, the military, and other clinics where TB testing is performed frequently (Occupational Medicine Clinics). The TB documentation MUST include the following information in order to be accepted:  
  - The date given, the date read, and the reading in millimeters.  
  - It must also be signed by the physician who performed and read the test.  
  - If positive, include the physician documentation of the positive test and negative chest x-ray report.  
If you have a history of a prior positive TB test, we will need all of the documentation about that test, any follow-up evaluations you had (including chest X-rays), and any treatment you received.  
  - Additional information about protecting yourself from potential blood and body fluid associated illness is available at the following link: [http://www.ukhealthcare.uky.edu/open.aspx?id=4001](http://www.ukhealthcare.uky.edu/open.aspx?id=4001). I strongly encourage you to view that. |

Once again, thank you for your interest in UK HealthCare. Employee Health works with Volunteer Services to assure your health and well-being while you are with us. If Employee Health can be of any service to you, please let us know.

With Regards:

W. Scott Black, MD  
Medical Director  
Employee Health  
University of Kentucky