Central Monitoring Station to open Feb. 1
Serves Chandler & Good Samaritan hospitals

A new Central Monitoring Station capable of providing 24/7 coverage of telemetry monitoring for every UK hospital patient will open Feb. 1. Located on the 6th floor of Chandler (H610), the facility will use trained cardiopulmonary technicians and telemetry RNs to provide constant monitoring for telemetry patients admitted to Good Samaritan and Chandler hospitals, including the new Pavilion A.

Sara Farmer, RN, BSN, CCRN, is the patient care manager for the newly constructed 1,500-square-foot station. Equipped with 10 monitoring stations, the facility features the newest patient-monitoring equipment available.

All patients needing telemetry monitoring will have a specialized cardiopulmonary technician who will monitor EKG tracings and physiological trending on a 24-hour basis. Evidence shows this improves outcomes and decreases adverse events by detecting “warning” arrhythmias faster. It also decreases the amount of “alarm fatigue” experienced by RNs on the floor.

The Central Monitoring Station will allow the establishment of “virtual” telemetry beds in the hospitals. They will be monitored by a technician who is in contact with a circulating telemetry nurse. The telemetry nurse will respond to problems and alarms, reassess the need for telemetry on a daily basis and support the nursing staff providing direct care to the patient.

Other benefits include:
• Telemetry will come to the patient. A patient identified on a floor that does not have telemetry will be monitored virtually without the need for transfer. Patients in orthopedic or OB/GYN services, where specialized nursing is required, can remain in those areas.
• Telemetry training requirements. Expertise is concentrated in the hands of a nurse-led telemetry team.
• Expected reduction in the number of days a patient needs telemetry – typical of nurse-led programs that carefully monitor need.
HAPPENINGS

Lunch & Learn Series
Wednesday, Feb. 9
12:10–12:50 p.m., Gallery Room, W.T. Young Library. "Muscles: A Balancing Act." Learn about opposing muscle groups and important steps you must take to have balance in your strength program. Admission is free. You can bring your lunch. Register at www.uky.edu/HR/wellness/lunchandlearn.html.

Upcoming Lunch & Learn topics:
March 8 – “Tools for Less Stress”
April 7 – “Health Myths”

Heart, Sole & Glove 5K Run/Walk
Saturday, Feb. 12
10 a.m., Coldstream Park, Newtown Pike and Aristides Boulevard, Lexington. Parking and registration are at Embassy Suites. The entry fee is $15 for preregistration and $20 on race day. The first 100 preregistered runners will receive a free pair of winter running gloves on race day. Proceeds benefit the Kids First Dental Services Mobile Dental Program. For more information and registration, visit www.uky.edu/HR/wellness/5k.html.

Blood Drive: Chandler Hospital
Thursday - Friday, Feb. 17-18
8 a.m.–5 p.m., Chandler Hospital, Room H133

Blood Drive: Alumni Park Plaza
Thursday, Feb. 17
9 a.m.-noon, Alumni Park Plaza parking lot.

UKHC Employee Advisory Council
Thursday, Feb. 17
11:30 a.m.-1 p.m. Open to members and guest presenters only. To be a presenter, call 859-257-5361.

Wellness On Wheels mobile health screening
Your free 10-minute appointment will include tests for cholesterol (fasting is optional), triglycerides and glucose, height, weight, blood pressure, body fat percentage, and waist circumference. Staff will be available to discuss your results. View the schedule and make your appointment at www.uky.edu/HR/wellness/healthscreening.html.

Birth Center weekly tour
Chandler Hospital
Free tours of the Chandler Hospital birthing facility. Call 859-257-5168 to register.

The day after Christmas brought a flood to the new Chandler Emergency Department, causing UK Chandler Hospital to restrict ED admissions for 15 hours.

The flooding began about 3:15 a.m. Sunday, Dec. 26. A re-heat pipe on a floor above the ED had become disjointed.

Patients in the ED at the time of the flood were relocated to the PACU or discharged home.

The entire Adult ED was shut down while repairs were made. ED patients were treated in the Pediatric ED. The Pediatric ED was open to all ambulatory ED patients, trauma, burn and pediatric patients. Some ambulance traffic was diverted to other Lexington hospitals.

Full emergency operations at Chandler resumed just after 6:30 p.m.

In an e-mail to all UK HealthCare employees on Dec. 27, Dr. Richard Lofgren, senior VP for healthcare operations and chief clinical officer, thanked all who responded to the emergency in the ED.

“This flood threatened our patients, our equipment and all of our clinical and support services,” Dr. Lofgren noted. “It threatened our ability to fulfill our responsibility to provide our special services for the Commonwealth.”

When Ann Smith, Chandler chief administrative officer, phoned Dr. Lofgren to tell him it was “raining ceiling tiles” in the ED, he feared the situation would hamper the ED’s ability to care for patients for days or even weeks.

“However, by the time I was able to find my way back to Lexington 12 hours later, I was amazed by the amount of work and how much had been accomplished throughout the day,” Dr. Lofgren said. “It was nothing short of miraculous. By the time I reached the Emergency Department, the clean-up was near complete... People from every department throughout the enterprise were still feverishly working to ensure we were ready to provide care to our patients in need.”

“The response by everyone on the UK HealthCare team was simply fantastic!” continued Dr. Lofgren, saying he was never more proud to be a part of UK HealthCare. “It speaks volumes about the quality of people who choose to work at UK. It is critical moments like what happened Sunday morning that test the strength of an organization...”

Penne Allison, RN, director of emergency/trauma services, agreed.

“I would like to express sincere appreciation to all of the UK HealthCare staff who responded to the flooding in the ED, as well as our outside vendors,” Allison said. “The ED was back in operation by the end of the day on the 26th, which is amazing, given the situation we faced. The ED staff responded to this emergency quickly and professionally, just as they do every day with our patients. I am very proud to be a part of such a dynamic team. The days following the initial flood have been busy continuing to care for our patients while also restoring the unit back to pre-flood status. Everyone involved deserves kudos!”
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• Dramatic increase in the number of telemetry beds available, while enabling nurses on telemetry floors to specialize in the care of patients with medical and cardiovascular disease as their predominant reason for admission to the floor.

At a Jan. 28 open house in the Central Monitoring Station, IT and clinical engineering staff, architects and monitor techs answered questions and demonstrated the computers and their new functionality.

Plan B staffing policy updated

All hospital and clinic employees remain essential

The policy governing how UK HealthCare staffs for university-declared emergency closings has been updated and is available for review on CareWeb (see box below for details).

The revised policy – effective January 19 – requires managers to be specific as to which positions are considered essential under a Plan B closing. Because our priority is to serve the needs of our patients and ensure there is no interruption of patient care, the UK HealthCare Senior Management Team has designated all hospital and ambulatory clinic employees as essential.

Department leaders have the option of designating positions in other areas of UK HealthCare as nonessential for purposes of working during university-declared closings. However, all employees should consider themselves essential under Plan B unless they are otherwise notified by their supervisor.

The updated policy reinforces the responsibility of essential employees to report to work on time. Supervisors have the flexibility to change designations or staffing levels based on department needs. Employees who previously received time off with pay for working during a university closing will no longer receive this time off.

If you have a question about the policy or how it will be applied, please contact your supervisor, HR representative or senior administrator.

To read the updated policy, UK Healthcare Plan B Staffing During University Emergencies (#A09-055), go to the CareWeb at www.hosp.uky.edu/CareWeb/. Under the Policies and Procedures section on the right side, select Chandler Policy Web. Click on Hospital. Click on Personnel.

Vital Signs asked some of our senior leaders:

What is your most exciting goal for 2011?

Frank T. Beirne, FACHE, chief administrative officer, Good Samaritan Hospital

“To optimize the use of services and resources of UK Good Samaritan Hospital in order to obtain a more clinically appropriate and operationally efficient balance of patient care activity across UK HealthCare.”

Paul DePriest, MD, chief medical officer

“Make a hospital stay at UK HealthCare measurably safer than ever before.”

Kathleen Kopser, MSN, RN, NE-BC, senior nurse administrator, Chandler Hospital

“Looking for opportunities to improve the work environment of Chandler’s nursing staff.”

Richard Lofgren, MD, senior VP for healthcare operations and chief clinical officer

“Reducing our overall mortality rate.”

Jay Sial, MA, chief financial officer, UKHC hospitals

“Ensuring that the fiscal health of UK HealthCare continues to remain strong, given the current economic conditions and the challenge of health care reform.”

Ann Smith, MPA, MT (ASCP), FACHE, chief administrative officer, UK Chandler Hospital

“A safe and efficient move to Pavilion A for patients and staff, heralding a new era of care for the citizens of Kentucky!”

Colleen Swartz, RN, MSN, MBA, chief nurse executive

“A focus on service-patient experience and employee engagement.”

Now, it’s your turn to tell us:

What is your most exciting goal for 2011? Send your answer and your contact information to: clho228@uky.edu. If we publish your response in the February issue of Vital Signs, you’ll win a prize.
UK students install art at asthma clinic

When children visit the asthma clinic at Kentucky Children’s Hospital, they’ll smile when they see the new art installation, a partnership between UK’s AE550 Community Art Education course and Kohl’s UK Asthma Program.

The colorful artwork features a large bottle of bubbles, a bubble-blowing wand and a series of bubbles, designed and fabricated by UK students to lift the spirits and ease the nerves of young patients being treated for asthma.

The December art installation wrapped up a semester of collaborative projects between the art education class and the medical program. The students promoted asthma awareness through art experiences at several community events, including Lexington's Farmers Market, Second Sunday and a family celebration at the Carnegie Center for Literacy and Learning.

“We wanted to create something that was symbolic of breath and air, as well as childhood,” said Cory Bricking, a Tates Creek Middle School art teacher working on his master's degree. “We selected the bottle design because we remembered how as kids we loved blowing bubbles.”

The college students also created scrapbooks featuring pictures, bubble art and stories about individuals’ experiences with asthma for children to read in the waiting room. The area was stocked with art materials so children can add artwork to the scrapbooks during their visits to the clinic.

Kohl’s UK Asthma Program is a statewide multimedia campaign to help parents and caregivers identify asthma and understand how to help children control their asthma symptoms. Kohl's has donated $862,153 to Kentucky Children’s Hospital since 2001.

“Awareness is needed due to asthma being the most common chronic illness in children and the top reason why children are admitted to the hospital,” said Don Hayes, MD, a UK pulmonologist. “This wonderful gift represents what is needed to help children in Kentucky. Parents and families often need support, so projects represented by this art symbolize what is needed. Without the support of Kohl’s, UK would not be able to do this important work.”

Pink Gloves Galore!

Dozens of UK HealthCare employees across the enterprise, including staff at Good Samaritan and Chandler hospitals and Markey Cancer Center, have participated in the Pink Glove Dance in recent months.

Markey Cancer Center and Kentucky Pink Connection worked together to create this breast cancer awareness campaign.

The video, which also features UK men’s basketball coach John Calipari and UK football coach Joker Phillips, debuted during Breast Cancer Awareness Month in October.

You can watch the video on Markey’s home page at ukhealthcare.uky.edu/markey, Markey’s Facebook page and on YouTube at www.youtube.com/watch?v=ZWM0WCySZBs.

Leadership Week events are Feb. 2-4

UK HealthCare’s annual Leadership Week events are scheduled for Wednesday, Feb. 2, through Friday, Feb. 4.

Leadership Week is being co-championed by Colleen Swartz, chief nurse executive, and Paul DePriest, MD, chief medical officer. The theme is “Because Performance Matters.”

Leadership Week is designed to enhance the leadership skills of faculty and staff who are current and future leaders. The sessions will provide actionable tools that can be immediately implemented to improve patient care.
Wear your ID badge at all times

Suggestion posted to the blog:

“I would like to suggest the physicians, from fellows on down, wear their name/ID badges on their shirts, not their coats. I work in a unit that requires them to leave their coats at the door. That leaves the ID badge at the door also. We need to know who we’re talking to and being a visual learner I’d like to see who you are as well as hear your name. There have been times when I was not even sure the person actually worked here because other staff members did not know who they were either. It’s a safety issue as far as I’m concerned.”

Response:

“The expectation for ID badges is that all UK HealthCare employees wear their badges on their upper torso at all times. The reason for this is exactly as you’ve put forth here — Safety. We need to be able to recognize each other in order to work together successfully and safely. Although physicians and other team members often have to remove their lab coats or safety jackets, they should replace their ID badge on their shirt, blouses or jacket for easy recognition. It is perfectly fine for you to remind the physician(s) to remove their badges from their lab coats and affix them to their shirt, sweater, etc. Your department might also consider posting signs in the department to remind physicians and all staff about name badges.” — Paul DePriest, MD, chief medical officer

Keep the front loop of Chandler Hospital clear for patients and families

“It’s that time of year again! The weather is ‘not so nice’ and people want to get in the building as quickly as possible and then stay in and have food delivered to their departments. Getting in quickly and as warm as possible definitely pushes the creativity of most of us. However, along with this comes the temptation to use the front loop of Chandler Hospital as a drop-off point. Please remember the front loop needs to remain as clear as possible for our patients and their families. It is really a part of our mission to remember to keep our patients and families’ convenience utmost in all we do. …

There are two approved employee drop-off locations. The first is located on Rose Street in front of the hospital. The second location, and possibly the best, is by the entrance to the new ED. This location allows the employee to be dropped off at the door. … If your department is receiving food deliveries, someone should arrange to meet the delivery vehicle at the Rose Street loop employee drop-off location or in the back at the employee drop-off [mentioned above].” — Ann Smith, chief administrative officer, UK Chandler Hospital

To read more, visit the Clinical Ops@UK HealthCare blog at ukhealthcare.uky.edu, forums/blogs/clinical-ops.

**BRIEFS**

**Hoopes hired as heart/lung transplant surgeon**

Surgeon Charles Hoopes, MD, has joined the UK transplant program. Hoopes, formerly the director of cardio pulmonary transplantation at the University of California San Francisco, is one of the few surgeons in the nation who regularly performs heart transplant and lung transplants, and implants artificial heart and lung devices.

A graduate of the Duke University School of Medicine, Dr. Hoopes remained at Duke for general surgery residency before completing a residency in thoracic surgery at the University of Michigan. He returned to Duke for a fellowship in heart and lung transplantation before being recruited to the University of California.

“With the addition of Dr. Hoopes to our team, we will be able to provide a level of quality and care that is unparalleled,” said Joseph B. Zwischenberger, MD, surgeon-in-chief and director of the transplant center. “Our goal is to be at the forefront of technology and innovation and serve the region as a destination center for heart and lung transplantation.”

**Kentucky Children’s Hospital welcomes Ziada, Draus**

Urologist Ali M. Ziada and surgeon John Draus Jr. are now practicing at Kentucky Children’s Hospital.

Dr. Ziada completed medical school and residency at Cairo University in Egypt. He completed his fellowship in pediatric urology at Children’s Medical Center at the University of Texas Southwestern Medical Center in Dallas. His clinical interests include pediatric urology, hypospadias, undescended testicles, urinary reflux, renal anomalies, ambiguous genitalia, genitourinary reconstruction and spinal defects. Dr. Ziada has co-authored journal articles and book chapters and has presented at conferences in the United States and abroad.

Dr. Draus, a Kentucky native, completed medical school, general surgery residency and a research fellowship at the University of Louisville. He completed his pediatric surgery fellowship at Riley Hospital for Children in Indianapolis. His clinical interests include oncology, advanced minimally invasive surgery in infants and children, thoracic and neonatal surgery. Dr. Draus has co-authored a book chapter and journal articles.
Patricia B. Howard, PhD, RN, CNAA, professor and vice chair in ophthalmology and visual sciences in the UK College of Medicine, will receive the 2011 Association of Research in Vision and Ophthalmology (ARVO) Foundation for Eye Research/Pfizer Carl Camras Translational Research Award. The award honors researchers who exhibit excellence in research via their fundamental scientific discoveries and novel technologies that have led to or may lead to clinical applications.

Jayakrishna Ambati, MD, professor and vice chair in ophthalmology and visual sciences in the UK College of Medicine, will receive the 2011 Association of Research in Vision and Ophthalmology (ARVO) Foundation for Eye Research/Pfizer Carl Camras Translational Research Award. The award recognizes the important contributions Dr. Ambati’s research group has made in advancing the understanding of how macular degeneration develops and how it can be better diagnosed and treated.

Dr. Camras was a glaucoma specialist and research scientist who took a personal interest in developing the next generation of eye and vision researchers. Dr. Ambati, who will receive a $10,000 honorarium, will be honored on May 1 at the ARVO/Alcon annual meeting.

Stein wins Great Teacher honor from UK alumni

Pamela Stein, DMD, an associate professor in the College of Dentistry, has been named one of six 2011 Great Teachers by the UK Alumni Association. Dr. Stein, who joined the dentistry faculty in 2010, teaches public health, local anesthesia and geriatrics. Prior to that, she had been a faculty member in the College of Medicine since 2003, teaching anatomy to undergraduate, nursing and professional students.

After attending UK for her undergraduate studies, Dr. Stein received her DMD degree from the UK College of Dentistry in 1990 and a master’s degree in public health from UK in 2009. She practiced general dentistry in Mount Olivet and Carlisle, Ky., for 13 years.

Her honors include the Holsinger Teaching Award in anatomy and neurobiology, the Abraham Flexner Master Educator Award for Outstanding Teaching and Mentorship, the College of Nursing Teaching Excellence in Support of Professional Nursing Award, and the Distinguished Professor Award from the UK Panhellenic Council.

Started in 1961, the Great Teacher Award is the oldest continuous teaching award at UK. This year’s winners will receive a citation, an engraved award and a cash stipend on Feb. 8.

Send us Recognition items

UK HealthCare supervisors are encouraged to submit job-related recognition items about employees for consideration on a space-available basis in Vital Signs. Send information and photos to: jan.taylor@uky.edu.

Howard named nursing fellow

Patricia B. Howard, PhD, RN, CNAA (DNP) programs, has been named a 2010 Fellow in the American Academy of Nursing (AAN). Howard was the only Kentucky inductee. AAN’s 1,500 fellows are nursing leaders in education, management, practice and research. She has been published broadly in psychiatric and nursing journals and has presented her research to national and international groups.

Howard received an undergraduate degree in nursing from the University of Louisville and a master’s degree in nursing from UK. In 1992, she completed the Doctor of Philosophy in Nursing at UK. A member of the university’s graduate school, she teaches in the PhD, DNP and MSN programs.

Howard is a 1991 American Nurses Foundation Scholar and a UK fellow. She is a founding board member of the International Society of Psychiatric Mental Health Nurses.

Since 1995, Howard has served as a research consultant and on various committees for the Kentucky Department of Mental Health and the Substance Abuse and Mental Health Services Administration, Center for Mental Health Services. Her clinical area is psychiatric-mental health nursing with an emphasis on patient outcomes and satisfaction and public mental health service delivery systems.
Pharmacy professors earn awards, fellowship

Two UK College of Pharmacy faculty members received awards at the 2010 International Pharmaceutical Federation (FIP) Pharmaceutical Sciences World Congress, held in association with the American Association of Pharmaceutical Scientists (AAPS).

A third UK professor received an AAPS fellowship.

Peter A. Crooks, PhD, professor in drug design and discovery, received the AAPS Research Achievement Award in Drug Design and Discovery. Crooks is known internationally for his research on the discovery of new drug entities and their development as clinical candidates. He is recognized for his work on the discovery of new therapeutic agents to treat drug addictions such as tobacco dependence, alcohol dependence and psychostimulant abuse. Several of these novel drug entities are currently being evaluated in human clinical trials in the United States and Europe.

Patrick P. DeLuca, PhD, professor in the pharmaceutical sciences department, received the AAPS Community Service Award. He is past president of AAPS and an AAPS Fellow.

He has been instrumental in the founding and running of Faith Pharmacy, a Lexington organization that helps people who don’t have prescription drug coverage. DeLuca’s efforts at securing donations, managing the operations of the pharmacy and recruiting volunteers have been critical to the success of this community resource for more than 11 years.

Chang-Guo Zhan, PhD, professor of pharmaceutical sciences, has been named an AAPS Fellow. AAPS Fellows have made sustained remarkable scholarly and research contributions such as original articles, scientific presentations at AAPS annual meetings, and/or patents. Zhan is an internationally recognized scientist in modern drug design and discovery. He has developed unique computational drug design approaches that have been proven reliable and efficient in the rational design of therapeutic candidates, such as those for treatment of cocaine overdose.

Smith named first Mazzoleni chair in cardiology

Mikel Smith, MD, professor of internal medicine and director of the Gill Heart Institute Echocardiography Laboratory, is the first Alberto Mazzoleni Professor of Cardiology at UK. In 2007, Cardiovascular Medicine created the Mazzoleni professorship to honor recently retired physician Dr. Alberto Mazzoleni for training generations of physicians and treating thousands of patients.

Through the generosity of more than 50 former residents and fellows, current faculty and community donors, the endowment funds now exceed $300,000.

In keeping with Dr. Mazzoleni’s legacy as an educator and lifelong student, the endowment will support the continued education of Smith and his staff.

“Dr. Smith is without a doubt the right choice to serve as the first Mazzoleni endowed professor,” said David J. Moliterno, MD, chief of cardiovascular medicine and medical director of the Gill Heart Institute. “Like Dr. Mazzoleni, he has dedicated his career not just to excellent clinical care, but to ensuring the future of medicine in Kentucky by training decades’ worth of students and young physicians. Dr. Smith’s reach extends beyond his own patients and into the practice of each of his former students, residents and fellows. He continues the legacy of Dr. Mazzoleni, and we are pleased he will be the first to occupy the professorship named for his mentor.”

Smith, who graduated from Paducah Tilghman High School and Murray State University, received a medical degree from the UK College of Medicine in 1973. Following his internship, residency and fellowship at the Medical College of Virginia, he joined the UK faculty in 1982. He has taught new physicians and treated Kentucky heart patients for nearly 30 years.

Smith was associate chairman for academic affairs in Internal Medicine, and since 1992 has been a full professor of internal medicine and cardiology. He is the director of the Chandler and Gill Heart Institute echocardiography and noninvasive stress laboratories and medical director of the cardiovascular sonographer training program.

PERSONNEL BRIEF

Baretta R. Casey, MD, has joined the UK College of Public Health as a professor in health behavior, health systems management and preventive medicine. She is also a professor in family and community medicine in the College of Medicine.

A former private practice physician from Pikeville, Dr. Casey received a BA degree from Pikeville College and a medical degree from the UK College of Medicine. She completed family medicine specialty training at Trover Clinic Foundation in Madisonville, and then completed a master’s degree in public health at UK in 2006.

Dr. Casey served as director of the UK Center for Excellence in Rural Health in Hazard from 2005 to July 2010. She was program director for the East Kentucky Family Medicine Residency Program for UK from 2002 to 2006.

Dr. Casey’s research funding and areas of interest include rural health systems, population-based research and cancer. She has served as principal investigator and co-principal investigator on several national grants.
You told us: Employees share feedback about *Vital Signs*

“...I am reading my *Vital Signs* newsletter at home. I can take the time to read it when I am at home versus at work. I applaud whomever idea that was. I like the new look a whole lot. It is very reader friendly and contains all the latest information and happenings around the medical center and its affiliates.”

— Sherri Hannan, RN, Kentucky Children’s Hospital

“...I enjoy receiving the newsletter at home. My husband is a former employee on permanent disability. He LOVES hearing about the happenings here. The content is good, too. It anticipates what my questions about an issue are going to be and answers them. I also like seeing faces to put with the names I hear all the time.” — Vicki M. Gatz, MSPH, RVT, Vascular Laboratory

Hannan and Gatz won laptop messenger bags for sharing their feedback.

Pavilion A spotlight:

**Health Education Center**

to serve community

Located on the first floor of Pavilion A off the concourse, the Health Education Center will serve as a learning center for the community.

With 2,305 square feet, it will be larger than the current Health Information Library. Its new name reflects its expanded mission to be a valuable resource for patients and families seeking guidance about health conditions and for members of the community researching health and disease topics.

Information will be available in reference materials and through access to online resources. Professional staff will assist visitors with their research.

The Health Education Center will also feature a collection of Kentucky folk art featured in permanent and rotating exhibits.