Good trail riding etiquette keeps you, your horse and other riders safer. In addition, it ensures that you are respectful of trails and land areas from the time you arrive until you leave. While you’re riding, keep these points for practicing good trail riding etiquette in mind:

- Park only in designated areas.
- Tie only to your trailer or designated tie areas, or use a safe high tie (do not tie directly to trees).
- Keep your horse moving while he or she passes manure on the trail.
- Take out everything that you bring in (pack it in, pack it out).
- Stay on the trail – do not go off the trail to pass around certain areas; abide by all voluntary trail closures.
- Only enter waterways at designated crossings.
- Avoid muddy trails; if you have to pass through mud, ride your horse at a walk.
- Obey all signage – do not ride in areas not designated for horses.
- Collect muck and scattered hay from your tie site and dispose of it at home or in a designated area.
- Fill in any uneven areas created by you or your horse.

Dr. Fernanda C. Camargo and her friend Skye.

Read Dr. Camargo’s horseback riding safety blog by following the link at saddleup SAFELY.org.