Kentucky Children’s Hospital offers group sessions to help parents and other caregivers learn how to better support children who have challenging behaviors.

Caregivers will learn:
- The many causes of challenging behaviors.
- How problems with executive functioning result in challenging behaviors.
- Skills in behavioral modification that will help with behaviors at home, school and in the community.
- How to navigate the school system when challenging behaviors are affecting the child’s education.
- How to teach your child anger management skills and other ways to calm down.
- How to teach your child how to get and stay organized with school expectations to reduce frustration with school work.

Once taught and implemented consistently, the skills learned in group will dramatically help caregivers manage challenging behaviors, allowing children to learn effective ways to deal with expectations at home and school.

Please speak to your behavioral health provider for further information on this group. If you are interested in joining our group, please call Chera Mattox at 859-257-8892 to register.

Groups will meet:
Wednesdays
5:30-7 p.m.

Location:
General Pediatrics
Kentucky Clinic, Second Floor
740 S. Limestone

Groups are led by:
- **Kim Cron, LSCW**
- **Jessica Jaramillo, LCSW**